Facesheet: 1. Request Information (1 of 2)

A. The State of Virginia requests a waiver/amendment under the authority of section 1915(b) of the Act. The Medicaid agency will directly operate the waiver.

B. Name of Waiver Program(s): Please list each program name the waiver authorizes.

<table>
<thead>
<tr>
<th>Short title (nickname)</th>
<th>Long title</th>
<th>Type of Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>CCC+</td>
<td>Commonwealth Coordinated Care Plus</td>
<td>MCO;</td>
</tr>
</tbody>
</table>

Waiver Application Title (optional - this title will be used to locate this waiver in the finder):
Commonwealth Coordinated Care Plus Waiver

C. Type of Request. This is an:

- [ ] Initial request for a new waiver.
- [x] Migration Waiver - this is an existing approved waiver

Provide the information about the original waiver being migrated

Base Waiver Number: __________

Requested Approval Period: (For waivers requesting three, four, or five year approval periods, the waiver must serve individuals who are dually eligible for Medicaid and Medicare.)

- [ ] 1 year
- [ ] 2 years
- [ ] 3 years
- [ ] 4 years
- [ ] 5 years

Draft ID: VA.026.00.00
Waiver Number: VA.0877.R00.00

D. Effective Dates: This waiver is requested for a period of 5 years. (For beginning date for an initial or renewal request, please choose first day of a calendar quarter, if possible, or if not, the first day of a month. For an amendment, please identify the implementation date as the beginning date, and end of the waiver period as the end date)

Proposed Effective Date: (mm/dd/yy)

07/01/17

Proposed End Date: 06/30/22
Calculated as "Proposed Effective Date" (above) plus "Requested Approval Period" (above) minus one day.
Approved Effective Date: 07/01/17

Facesheet: 2. State Contact(s) (2 of 2)

E. State Contact: The state contact person for this waiver is below:

Name: Matthew Behrens
Phone: (804) 625-3673
Ext:  
TTY: [ ]
E-mail: matthew.behrens@dmas.virginia.gov

Fax:  

If the State contact information is different for any of the authorized programs, please check the program name below and provide the contact information.
The State contact information is different for the following programs:

- [ ] Commonwealth Coordinated Care Plus

Note: If no programs appear in this list, please define the programs authorized by this waiver on the first page of the
Section A: Program Description

Part I: Program Overview

Tribal consultation.
For initial and renewal waiver requests, please describe the efforts the State has made to ensure Federally recognized tribes in the State are aware of and have had the opportunity to comment on this waiver proposal. Virginia has one federally recognized tribe, the Pamunkey. Tribal representatives were notified on February 4, 2016 and made aware that they have the opportunity to comment on this waiver. At this time no comments have been registered.

Program History required for renewal waivers only.

Section A: Program Description

Part I: Program Overview

A. Statutory Authority (1 of 3)

1. Waiver Authority. The State's waiver program is authorized under section 1915(b) of the Act, which permits the Secretary to waive provisions of section 1902 for certain purposes. Specifically, the State is relying upon authority provided in the following subsection(s) of the section 1915(b) of the Act (if more than one program authorized by this waiver, please list applicable programs below each relevant authority):

   a. **1915(b)(1)** - The State requires enrollees to obtain medical care through a primary care case management (PCCM) system or specialty physician services arrangements. This includes mandatory capitated programs.
      -- Specify Program Instance(s) applicable to this authority
      [ ] CCC+

   b. **1915(b)(2)** - A locality will act as a central broker (agent, facilitator, negotiator) in assisting eligible individuals in choosing among PCCMs or competing MCOs/PIHPs/PAHPs in order to provide enrollees with more information about the range of health care options open to them.
      -- Specify Program Instance(s) applicable to this authority
      [ ] CCC+

   c. **1915(b)(3)** - The State will share cost savings resulting from the use of more cost-effective medical care with enrollees by providing them with additional services. The savings must be expended for the benefit of the Medicaid beneficiary enrolled in the waiver. Note: this can only be requested in conjunction with section 1915(b)(1) or (b)(4) authority.
      -- Specify Program Instance(s) applicable to this authority
      [ ] CCC+

   d. **1915(b)(4)** - The State requires enrollees to obtain services only from specified providers who undertake to provide such services and meet reimbursement, quality, and utilization standards which are consistent with access, quality, and efficient and economic provision of covered care and services. The State assures it will comply with 42 CFR 431.55(f).
      -- Specify Program Instance(s) applicable to this authority
      [ ] CCC+

The 1915(b)(4) waiver applies to the following programs

[ ] MCO
[ ] PIHP
[ ] PAHP
[ ] PCCM (Note: please check this item if this waiver is for a PCCM program that limits who is eligible to be a primary care case manager. That is, a program that requires PCCMs to meet certain quality/utilization criteria beyond the minimum requirements required to be a fee-for-service Medicaid contracting provider.)
[ ] FFS Selective Contracting program

Please describe:
Section A: Program Description

Part I: Program Overview

A. Statutory Authority (2 of 3)

2. Sections Waived. Relying upon the authority of the above section(s), the State requests a waiver of the following sections of 1902 of the Act (if this waiver authorizes multiple programs, please list program(s) separately under each applicable statute):

a. Section 1902(a)(1) - Statewidness--This section of the Act requires a Medicaid State plan to be in effect in all political subdivisions of the State. This waiver program is not available throughout the State.
   -- Specify Program Instance(s) applicable to this statute
   □ CCC+

b. Section 1902(a)(10)(B) - Comparability of Services--This section of the Act requires all services for categorically needy individuals to be equal in amount, duration, and scope. This waiver program includes additional benefits such as case management and health education that will not be available to other Medicaid beneficiaries not enrolled in the waiver program.
   -- Specify Program Instance(s) applicable to this statute
   □ CCC+

c. Section 1902(a)(23) - Freedom of Choice--This Section of the Act requires Medicaid State plans to permit all individuals eligible for Medicaid to obtain medical assistance from any qualified provider in the State. Under this program, free choice of providers is restricted. That is, beneficiaries enrolled in this program must receive certain services through an MCO, PIHP, PAHP, or PCCM.
   -- Specify Program Instance(s) applicable to this statute
   □ CCC+

d. Section 1902(a)(4) - To permit the State to mandate beneficiaries into a single PIHP or PAHP, and restrict disenrollment from them. (If state seeks waivers of additional managed care provisions, please list here).
   -- Specify Program Instance(s) applicable to this statute
   □ CCC+

e. Other Statutes and Relevant Regulations Waived - Please list any additional section(s) of the Act the State requests to waive, and include an explanation of the request.
   -- Specify Program Instance(s) applicable to this statute
   □ CCC+

Section A: Program Description

Part I: Program Overview

A. Statutory Authority (3 of 3)

Additional Information. Please enter any additional information not included in previous pages:
The CCC+ Program will begin on July 1, 2017. Enrollment will be phased in by region. Following the initial phase in process, members will be able to change health plans without cause during an open enrollment period. The open enrollment period for this program will align with the federal open enrollment period. Eligible members will receive an initial assignment letter that provides their default assignment, comparison chart, and information on how to reach the enrollment broker. They will also receive a confirmation letter just prior to their effective date confirming their health plan assignment. The phase in schedule is described below:
Under the CCC+ Program, participants will have the option to select from at least two contracted health plans (depending on the region), and must utilize the provider network within their selected health plan, to include CCC+ Waiver and nursing facility (NF) providers. Participants may research available provider networks by contacting the CCC+ Enrollment Broker Helpline or through contacts with potential or pre-assigned health plans.

New members into the CCC+ Program may continue to receive services from previous providers during the initial continuity of care period (90 days). If the provider does not join the network, or if the member does not select a new in-network provider by the end of the 90-day period, the health plan shall choose one for the member (with the exception of NF residents who may remain in the facility as long as they continue to meet DMAS criteria for nursing home care, unless they or their families prefer to move to a different NF or return to the community). (NFs comprise the totality of residential providers included under the managed care arrangement.)

Following the initial phased implementation schedule described above the State will provide an annual open enrollment period for all enrollees to run between October 1 and December 31. Individuals that transition into CCC Plus between July 1, 2017 and September 1, 2017 will have their first open enrollment period beginning October 1, 2017.

Section A: Program Description

Part I: Program Overview

B. Delivery Systems (1 of 3)

1. Delivery Systems. The State will be using the following systems to deliver services:
   a.  ✓ MCO: Risk-comprehensive contracts are fully-capitated and require that the contractor be an MCO or HIO. Comprehensive means that the contractor is at risk for inpatient hospital services and any other mandatory State plan service in section 1905(a), or any three or more mandatory services in that section. References in this preprint to MCOs generally apply to these risk-comprehensive entities.
   b.  □ PIHP: Prepaid Inpatient Health Plan means an entity that: (1) provides medical services to enrollees under contract with the State agency, and on the basis of prepaid capitation payments or other payment arrangements that do not use State Plan payment rates; (2) provides, arranges for, or otherwise has responsibility for the provision of any inpatient hospital or institutional services for its enrollees; and (3) does not have a comprehensive risk contract. Note: this includes MCOs paid on a non-risk basis.
      - The PIHP is paid on a risk basis
      - The PIHP is paid on a non-risk basis
   c.  □ PAHP: Prepaid Ambulatory Health Plan means an entity that: (1) provides medical services to enrollees under contract with the State agency, and on the basis of prepaid capitation payments, or other payment arrangements that do not use State Plan payment rates; (2) does not provide or arrange for, and is not otherwise responsible for the provision of any inpatient hospital or institutional services for its enrollees; and (3) does not have a comprehensive risk contract. This includes capitated PCCMs.
      - The PAHP is paid on a risk basis
      - The PAHP is paid on a non-risk basis
d. **PCCM**: A system under which a primary care case manager contracts with the State to furnish case management services. Reimbursement is on a fee-for-service basis. Note: a capitated PCCM is a PAHP.

e. **Fee-for-service (FFS) selective contracting**: State contracts with specified providers who are willing to meet certain reimbursement, quality, and utilization standards.
   - **the same as stipulated in the state plan**
   - **different than stipulated in the state plan**
     Please describe:

   [blank space]

f. **Other**: (Please provide a brief narrative description of the model.)

   [blank space]

**Section A: Program Description**

**Part I: Program Overview**

**B. Delivery Systems (2 of 3)**

2. **Procurement.** The State selected the contractor in the following manner. Please complete for each type of managed care entity utilized (e.g. procurement for MCO; procurement for PIHP, etc):
   - **Procurement for MCO**
     - **Competitive** procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)
     - **Open** cooperative procurement process (in which any qualifying contractor may participate)
     - **Sole source** procurement
     - **Other** (please describe)

   [blank space]

- **Procurement for PIHP**
  - **Competitive** procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)
  - **Open** cooperative procurement process (in which any qualifying contractor may participate)
  - **Sole source** procurement
  - **Other** (please describe)

[blank space]

- **Procurement for PAHP**
  - **Competitive** procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)
  - **Open** cooperative procurement process (in which any qualifying contractor may participate)
  - **Sole source** procurement
  - **Other** (please describe)

[blank space]

- **Procurement for PCCM**

[blank space]
Section A: Program Description

Part I: Program Overview

B. Delivery Systems (3 of 3)

Additional Information. Please enter any additional information not included in previous pages:

DMAS utilizes a competitive procurement process for the CCC+ Program. Health Plans wishing to enter the Virginia market must have licensure through the Bureau of Insurance (under the State Corporation Commission), must be NCQA-accredited or in process, and must meet operational and network requirements that will comply with all relevant state and federal regulations and will be defined in the CCC+ Program contract.

At present DMAS is in the process of reviewing the submissions we received from prospective health plans. We anticipate completing our review and selecting the health plans that we’ll move forward with by early September 2016. This will be followed with a period for contract negotiations, which we anticipating completing by December 2016; the program launches on July 1, 2017.

Section A: Program Description

Part I: Program Overview

C. Choice of MCOs, PIHPs, PAHPs, and PCCMs (1 of 3)

1. Assurances.
   ☑ The State assures CMS that it complies with section 1932(a)(3) of the Act and 42 CFR 438.52, which require that a State that mandates Medicaid beneficiaries to enroll in an MCO, PIHP, PAHP, or PCCM must give those beneficiaries a choice of at least two entities.
   ☐ The State seeks a waiver of section 1932(a)(3) of the Act, which requires States to offer a choice of more than one PIHP or PAHP per 42 CFR 438.52. Please describe how the State will ensure this lack of choice of PIHP or PAHP is not detrimental to beneficiaries’ ability to access services.

2. Details. The State will provide enrollees with the following choices (please replicate for each program in waiver):

   *Program: "Commonwealth Coordinated Care Plus."
   ☑ Two or more MCOs
   ☐ Two or more primary care providers within one PCCM system.
   ☐ A PCCM or one or more MCOs
   ☐ Two or more PIHPs.
Section A: Program Description

Part I: Program Overview

C. Choice of MCOs, PIHPs, PAHPs, and PCCMs (2 of 3)

3. Rural Exception.

☐ Two or more PAHPs.
☐ Other:

please describe

4. 1915(b)(4) Selective Contracting.

☐ Beneficiaries will be limited to a single provider in their service area

Please define service area.

☐ Beneficiaries will be given a choice of providers in their service area

Section A: Program Description

Part I: Program Overview

C. Choice of MCOs, PIHPs, PAHPs, and PCCMs (3 of 3)

Additional Information. Please enter any additional information not included in previous pages:

It is DMAS' intent that each individual eligible for CCC+ will have the choice of at least two plans in each region. At present, we are in the procurement process and will be identifying the approved health plans and the regions they hope to operate within soon. Following that process, the selected health plans will need to develop sufficient provider networks to meet network adequacy standards. Only after DMAS completes our review of the health plans networks will we know if we need to utilize the Rural Area Exception, for example, on a temporary basis until the MCO meets contractual standards (network access, etc.)

We will update this application with the required information as it becomes available.

Section A: Program Description

Part I: Program Overview

D. Geographic Areas Served by the Waiver (1 of 2)

1. General. Please indicate the area of the State where the waiver program will be implemented. (If the waiver authorizes more than one program, please list applicable programs below item(s) the State checks.

☐ Statewide -- all counties, zip codes, or regions of the State

-- Specify Program Instance(s) for Statewide

☐ CCC+

☐ Less than Statewide

-- Specify Program Instance(s) for Less than Statewide
2. **Details.** Regardless of whether item 1 or 2 is checked above, please list in the chart below the areas (i.e., cities, counties, and/or regions) and the name and type of entity or program (MCO, PIHP, PAHP, HIO, PCCM or other entity) with which the State will contract.

<table>
<thead>
<tr>
<th>City/County/Region</th>
<th>Type of Program (PCCM, MCO, PIHP, or PAHP)</th>
<th>Name of Entity (for MCO, PIHP, PAHP)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALL LOCALITIES</td>
<td>MCO</td>
<td>Aetna Better Health of Virginia</td>
</tr>
<tr>
<td>ALL LOCALITIES</td>
<td>MCO</td>
<td>Anthem HealthKeepers Plus</td>
</tr>
<tr>
<td>ALL LOCALITIES</td>
<td>MCO</td>
<td>Humana</td>
</tr>
<tr>
<td>ALL LOCALITIES</td>
<td>MCO</td>
<td>Magellan Complete Care of Virginia</td>
</tr>
<tr>
<td>ALL LOCALITIES</td>
<td>MCO</td>
<td>Optima Health</td>
</tr>
<tr>
<td>ALL LOCALITIES</td>
<td>MCO</td>
<td>United Healthcare</td>
</tr>
<tr>
<td>ALL LOCALITIES</td>
<td>MCO</td>
<td>Virginia Premier Health Plan</td>
</tr>
</tbody>
</table>

Section A: Program Description

Part I: Program Overview

D. Geographic Areas Served by the Waiver (2 of 2)

**Additional Information.** Please enter any additional information not included in previous pages:
The CCC+ Program will operate statewide. At present, we are in the procurement process and will be identifying the approved health plans soon. We will update this application with the required information as it becomes available.

Section A: Program Description

Part I: Program Overview

E. Populations Included in Waiver (1 of 3)

Please note that the eligibility categories of Included Populations and Excluded Populations below may be modified as needed to fit the State’s specific circumstances.

1. **Included Populations.** The following populations are included in the Waiver Program:

   - **Section 1931 Children and Related Populations** are children including those eligible under Section 1931, poverty-level related groups and optional groups of older children.
     - Mandatory enrollment
     - Voluntary enrollment

   - **Section 1931 Adults and Related Populations** are adults including those eligible under Section 1931, poverty-level pregnant women and optional group of caretaker relatives.
     - Mandatory enrollment
     - Voluntary enrollment

   - **Blind/Disabled Adults and Related Populations** are beneficiaries, age 18 or older, who are eligible for Medicaid due to blindness or disability. Report Blind/Disabled Adults who are age 65 or older in this category, not in Aged.
     - Mandatory enrollment
     - Voluntary enrollment

   - **Blind/Disabled Children and Related Populations** are beneficiaries, generally under age 18, who are eligible for Medicaid due to blindness or disability.
     - Mandatory enrollment
Voluntary enrollment

Aged and Related Populations are those Medicaid beneficiaries who are age 65 or older and not members of the Blind/Disabled population or members of the Section 1931 Adult population.

Mandatory enrollment

Voluntary enrollment

Foster Care Children are Medicaid beneficiaries who are receiving foster care or adoption assistance (Title IV-E), are in foster-care, or are otherwise in an out-of-home placement.

Mandatory enrollment

Voluntary enrollment

TITLE XXI SCHIP is an optional group of targeted low-income children who are eligible to participate in Medicaid if the State decides to administer the State Children’s Health Insurance Program (SCHIP) through the Medicaid program.

Mandatory enrollment

Voluntary enrollment

Other (Please define):

CCC+ Program Included Populations:
1. Dual eligible members with full Medicaid and Medicare Part A and/or B coverage.
   i. Members who have opted-out of the Commonwealth Coordinated Care (CCC) program will transition to the CCC+ Program beginning in July 2017.
   ii. Members enrolled in the CCC program will transition to CCC+ Program in January 2018, which is after the CCC program ends.
2. Non-dual eligible members (including the Health and Acute Care Program (HAP) population enrolled in DMAS’ Medallion 3.0 program) who receive long term services and supports, either through an institution or through one of the five (5) DMAS home and community-based services (HCBS) waivers:
   i. Building Independence (BI)*
   ii. Elderly or Disabled with Consumer-Direction (EDCD) – to be renamed CCC+ as of January 1, 2017. Members who need this level of care will be referred to as EDCD participants.
   iii. Family and Member Support (FIS)*
   iv. Community Living (CL)*
   v. Technology Assisted (Tech) – will be merged with the EDCD Waiver to form the CCC+ Waiver as of January 1, 2017. Members who need this level of care will be referred to as Technology Assisted Program (TAP) participants.
3. Remaining aged, blind, and disabled (ABD) members (not dually eligible for Medicare and Medicaid and not receiving LTSS). The majority of these ABD members will transition from DMAS’ Medallion 3.0 program to CCC+ on January 1, 2018. *BI/FIS/CL Waiver services will not be included in CCC+ at this time; for these members the managed care plan will provide coverage for the non-waiver services (see carved-out services below).

Section A: Program Description

Part I: Program Overview

E. Populations Included in Waiver (2 of 3)

2. Excluded Populations. Within the groups identified above, there may be certain groups of individuals who are excluded from the Waiver Program. For example, the “Aged” population may be required to enroll into the program, but “Dual Eligibles” within that population may not be allowed to participate. In addition, “Section 1931 Children” may be able to enroll voluntarily in a managed care program, but “Foster Care Children” within that population may be excluded from that program. Please indicate if any of the following populations are excluded from participating in the Waiver Program:
Medicare Dual Eligible -- Individuals entitled to Medicare and eligible for some category of Medicaid benefits. (Section 1902(a)(10) and Section 1902(a)(10)(E))

Poverty Level Pregnant Women -- Medicaid beneficiaries, who are eligible only while pregnant and for a short time after delivery. This population originally became eligible for Medicaid under the SOBRA legislation.

Other Insurance -- Medicaid beneficiaries who have other health insurance.

Reside in Nursing Facility or ICF/IID -- Medicaid beneficiaries who reside in Nursing Facilities (NF) or Intermediate Care Facilities for the Individuals with Intellectual Disabilities (ICF/IID).

Enrolled in Another Managed Care Program -- Medicaid beneficiaries who are enrolled in another Medicaid managed care program

Eligibility Less Than 3 Months -- Medicaid beneficiaries who would have less than three months of Medicaid eligibility remaining upon enrollment into the program.

 Participate in HCBS Waiver -- Medicaid beneficiaries who participate in a Home and Community Based Waiver (HCBS, also referred to as a 1915(c) waiver).

American Indian/Alaskan Native -- Medicaid beneficiaries who are American Indians or Alaskan Natives and members of federally recognized tribes.

Special Needs Children (State Defined) -- Medicaid beneficiaries who are special needs children as defined by the State. Please provide this definition.

SCHIP Title XXI Children – Medicaid beneficiaries who receive services through the SCHIP program.

Retroactive Eligibility – Medicaid beneficiaries for the period of retroactive eligibility.

Other (Please define):
- All excluded populations are those enrolled in:
  - Limited Coverage Groups (Family Planning, Governor’s Access Plan, Qualified Medicare Beneficiary only, Health Insurance Premium Programs,)
  - Residents of Intermediate Care Facility-Intellectual Disability Facilities (Only those who reside in an ICF/MR are excluded, NF residents are included.)
  - Residents of Veterans Nursing Facilities
  - Residents of Psychiatric Residential Treatment Level C
  - Money Follows the Person members
  - Hospice and End Stage Renal Disease (CCC+ Program enrolled members who elect hospice or have End Stage Renal Disease will remain enrolled in the CCC+ Program)
  - Medallion 3.0 and FAMIS MCO members (Except the Aged, Blind and Disabled individuals that will transfer on January 1, 2018. Additionally, DMAS will amend the Medallion 3.0 waiver to exclude the populations that will be included under this waiver.)
  - PACE members

Section A: Program Description
Part I: Program Overview
E. Populations Included in Waiver (3 of 3)

Additional Information. Please enter any additional information not included in previous pages:

https://wms-mmdl.cdsvdcm.com/WMS/faces/protected/cms1915b/v0/print/PrintSelector.jsp
Section A: Program Description

Part I: Program Overview

F. Services (1 of 5)

List all FFS sections under effective waivers:

1. Assurances.

- The State assures CMS that services under the Waiver Program will comply with the following federal requirements:
  - Services will be available in the same amount, duration, and scope as they are under the State Plan per 42 CFR 438.210(a)(2).
  - Access to emergency services will be assured per section 1932(b)(2) of the Act and 42 CFR 438.114.
  - Access to family planning services will be assured per section 1905(a)(4) of the Act and 42 CFR 431.51(b)
- The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs. Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any. (See note below for limitations on requirements that may be waived).

- The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of 42 CFR 438.210(a)(2), 438.114, and 431.51 (Coverage of Services, Emergency Services, and Family Planning) as applicable. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

- This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply. The State assures CMS that services will be available in the same amount, duration, and scope as they are under the State Plan.

- The state assures CMS that it complies with Title I of the Medicare Modernization Act of 2003, in so far as these requirements are applicable to this waiver.

Note: Section 1915(b) of the Act authorizes the Secretary to waive most requirements of section 1902 of the Act for the purposes listed in sections 1915(b)(1)-(4) of the Act. However, within section 1915(b) there are prohibitions on waiving the following subsections of section 1902 of the Act for any type of waiver program:

- Section 1902(s) -- adjustments in payment for inpatient hospital services furnished to infants under age 1, and to children under age 6 who receive inpatient hospital services at a Disproportionate Share Hospital (DSH) facility.
- Sections 1902(a)(15) and 1902(bb) – prospective payment system for FQHC/RHC
- Section 1902(a)(10)(A) as it applies to 1905(a)(2)(C) – comparability of FQHC benefits among Medicaid beneficiaries
- Section 1902(a)(4)(C) -- freedom of choice of family planning providers
- Sections 1915(b)(1) and (4) also stipulate that section 1915(b) waivers may not waive freedom of choice of emergency services providers.

Section A: Program Description

Part I: Program Overview

F. Services (2 of 5)
2. **Emergency Services.** In accordance with sections 1915(b) and 1932(b) of the Act, and 42 CFR 431.55 and 438.114, enrollees in an MCO, PIHP, PAHP, or PCCM must have access to emergency services without prior authorization, even if the emergency services provider does not have a contract with the entity.

- The PAHP, PAHP, or FFS Selective Contracting program does not cover emergency services.

Emergency Services Category General Comments (optional):

3. **Family Planning Services.** In accordance with sections 1905(a)(4) and 1915(b) of the Act, and 42 CFR 431.51(b), prior authorization of, or requiring the use of network providers for family planning services is prohibited under the waiver program. Out-of-network family planning services are reimbursed in the following manner:

- The MCO/PIHP/PAHP will be required to reimburse out-of-network family planning services.

- The MCO/PIHP/PAHP will be required to pay for family planning services from network providers, and the State will pay for family planning services from out-of-network providers.

- The State will pay for all family planning services, whether provided by network or out-of-network providers.

- Other (please explain):

- Family planning services are not included under the waiver.

Family Planning Services Category General Comments (optional):

---

**Section A: Program Description**

**Part I: Program Overview**

**F. Services (3 of 5)**

4. **FQHC Services.** In accordance with section 2088.6 of the State Medicaid Manual, access to Federally Qualified Health Center (FQHC) services will be assured in the following manner:

- The program is voluntary, and the enrollee can disenroll at any time if he or she desires access to FQHC services. The MCO/PIHP/PAHP/PCCM is not required to provide FQHC services to the enrollee during the enrollment period.

- The program is mandatory and the enrollee is guaranteed a choice of at least one MCO/PIHP/PAHP/PCCM which has at least one FQHC as a participating provider. If the enrollee elects not to select a MCO/PIHP/PAHP/PCCM that gives him or her access to FQHC services, no FQHC services will be required to be furnished to the enrollee while the enrollee is enrolled with the MCO/PIHP/PAHP/PCCM he or she selected. Since reasonable access to FQHC services will be available under the waiver program, FQHC services outside the program will not be available. Please explain how the State will guarantee all enrollees will have a choice of at least one MCO/PIHP/PAHP/PCCM with a participating FQHC: FQHC contracting is required through the CCC+ Program contract. Networks will be analyzed to ensure at least one of the health plan options in each of the CCC+ Program localities includes the services of a FQHC. DMAS will comply with the State Health Official Letter #16-006 when including the FQHC services in the health plan.

- The program is mandatory and the enrollee has the right to obtain FQHC services outside this waiver program through the regular Medicaid Program.
5. EPSDT Requirements.

☑ The managed care programs(s) will comply with the relevant requirements of sections 1905(a)(4)(b) (services), 1902(a)(43) (administrative requirements including informing, reporting, etc.), and 1905(r) (definition) of the Act related to Early, Periodic Screening, Diagnosis, and Treatment (EPSDT) program.

EPSDT Requirements Category General Comments (optional):

The CCC+ health plans will be responsible for all EPSDT services for their members under age twenty-one. DMAS will require in the contract that the health plans must comply with all federal and state EPSDT requirements, including providing necessary health care, diagnostic services, treatment and other measures described in 1905(a) to correct or ameliorate defects and physical and mental illnesses and conditions discovered by the screening services, whether or not such services are covered under the State plan. The health plans will also be required to work with DMAS to refer members for further diagnosis and treatment or follow-up of all correctable abnormalities uncovered or suspected.

EPSDT may provide additional benefits for children outside the basic Medicaid benefit package including, but not limited to: extended behavioral health benefits, nursing care (including private duty), pharmacy services, neurobehavioral treatment, and other individualized treatments specific to developmental issues where it is determined that otherwise excluded services/benefits for a child is a medically necessary service.

In addition to the traditional review for medical necessity, Medicaid children who may be denied services that do not meet the health plan’s general coverage criteria must receive a secondary review to ensure that the EPSDT provision has been considered. Denial for services to children cannot be given until this secondary review has been completed by a physician.

DMAS requires that a health plan may not issue an adverse determination on a service request for a child under age 21 until the case is first reviewed by a physician who has appropriate expertise in addressing the child’s medical, behavioral health, or long-term services and supports needs (Per 42CFR438.210). Additionally, DMAS must approve the policies and procedures for the health plan’s second EPSDT review process for EPSDT prior to implementation, upon a revision or as requested. The policies and procedures must allow providers to contact care coordinators to explore alternative services, therapies, and resources for members when necessary. No service provided requested for a child under 21 can be denied as “non-covered”, “out-of-network” and/or “experimental” unless specifically noted as non-covered in the contract. Instead, the health plans adverse determination must be made on the basis of medical necessity.

Section A: Program Description

Part I: Program Overview

F. Services (4 of 5)

6. 1915(b)(3) Services.

☐ This waiver includes 1915(b)(3) expenditures. The services must be for medical or health-related care, or other services as described in 42 CFR Part 440, and are subject to CMS approval. Please describe below what these expenditures are for each waiver program that offers them. Include a description of the populations eligible, provider type, geographic availability, and reimbursement method.

1915(b)(3) Services Requirements Category General Comments:

7. Self-referrals.
The State requires MCOs/PIHPs/PAHPs/PCCMs to allow enrollees to self-refer (i.e. access without prior authorization) under the following circumstances or to the following subset of services in the MCO/PIHP/PAHP/PCCM contract:

Self-referrals Requirements Category General Comments:

- Emergency and post-stabilization services,
- Family planning, and per 42CFR438.206 women’s health specialists,

8. Other.

☐ Other (Please describe)

Section A: Program Description

Part I: Program Overview

F. Services (5 of 5)

Additional Information. Please enter any additional information not included in previous pages:

The CCC+ contract stipulates that the health plans are required to conduct, with active participation from the member, a timely comprehensive health risk assessment (HRA) of each member’s medical, behavioral health, long-term services and supports, and social needs. HRAs will include the members’ strengths and goals, need for any specialists and the plan for care management and coordination. Timeliness guidelines are defined in the contract. Health Plans will be required to complete the HRA for all enrolled individuals within 14 days of their enrollment.

Health plans will also be required to ensure that timely face-to-face level of care (LOC) annual reassessments are conducted for CCC+ Waiver members, TAP members and for members residing in NFs to insure the participant continues to meet LOC criteria and that the services being received are sufficient to meet the participant’s health and safety needs. In addition, the annual assessment determines whether HCBS Waiver services under the CCC+ Program continue to be the program of choice (with the services and providers of choice within the health plan’s network) for the participant or responsible party, if participant is unable to make this decision. The health plan must conduct the annual reassessments.

For treatment planning, the health plans are required to develop a person-centered, culturally competent Individualized Care Plan (ICP) for each member. The ICP shall be tailored to the member’s needs and preferences and conducted within the timeframes specified in the contract. Among other things, the ICP will contain measureable goals, interventions, and expected outcomes, completion timeframes, and back up plans as appropriate. The health, safety (including minimizing risk), and welfare of the member must also be addressed in the ICP. The health plan must engage each member in ongoing development of their ICP and must ensure that the member receives any necessary assistance and accommodations to prepare for and fully participate in the care planning process that includes the ICP development. Members shall have the authority to determine who is included in the process.

The health plans’ care coordinator approve the ICP that is approved and monitored by the interdisciplinary care team (ICT). Any identified gap I care will integrate into the ICP.

DMAS will review and approve the health plan’s care management programs to ensure all required components are adequately addressed.

Section A: Program Description

Part II: Access

A. Timely Access Standards (1 of 7)
Each State must ensure that all services covered under the State plan are available and accessible to enrollees of the 1915(b) Waiver Program. Section 1915(b) of the Act prohibits restrictions on beneficiaries’ access to emergency services and family planning services.

1. Assurances for MCO, PIHP, or PAHP programs

- The State assures CMS that it complies with section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services; in so far as these requirements are applicable.
- The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

- The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

If the 1915(b) Waiver Program does not include a PCCM component, please continue with Part II.B. Capacity Standards.

Section A: Program Description

Part II: Access

A. Timely Access Standards (2 of 7)

2. Details for PCCM program. The State must assure that Waiver Program enrollees have reasonable access to services. Please note below the activities the State uses to assure timely access to services.

   a. Availability Standards. The State’s PCCM Program includes established maximum distance and/or travel time requirements, given beneficiary’s normal means of transportation, for waiver enrollees’ access to the following providers. For each provider type checked, please describe the standard.

   1. PCPs

   Please describe:

   2. Specialists

   Please describe:

   3. Ancillary providers

   Please describe:

   4. Dental

   Please describe:
5. Hospitals

Please describe:

6. Mental Health

Please describe:

7. Pharmacies

Please describe:

8. Substance Abuse Treatment Providers

Please describe:

9. Other providers

Please describe:

Section A: Program Description

Part II: Access

A. Timely Access Standards (3 of 7)

2. Details for PCCM program. (Continued)

b. Appointment Scheduling means the time before an enrollee can acquire an appointment with his or her provider for both urgent and routine visits. The State’s PCCM Program includes established standards for appointment scheduling for waiver enrollee’s access to the following providers.

1. PCPs

Please describe:

2. Specialists

Please describe:

3. Ancillary providers
Please describe:

4. □ Dental
   Please describe:

5. □ Mental Health
   Please describe:

6. □ Substance Abuse Treatment Providers
   Please describe:

7. □ Urgent care
   Please describe:

8. □ Other providers
   Please describe:

Section A: Program Description

Part II: Access

A. Timely Access Standards (4 of 7)

2. Details for PCCM program. (Continued)

c. □ In-Office Waiting Times: The State’s PCCM Program includes established standards for in-office waiting times. For each provider type checked, please describe the standard.

1. □ PCPs
   Please describe:

2. □ Specialists
   Please describe:
3.  □ Ancillary providers

   Please describe:

4.  □ Dental

   Please describe:

5.  □ Mental Health

   Please describe:

6.  □ Substance Abuse Treatment Providers

   Please describe:

7.  □ Other providers

   Please describe:

Section A: Program Description

Part II: Access

A. Timely Access Standards (5 of 7)

2. Details for PCCM program. (Continued)

d.  □ Other Access Standards

Section A: Program Description

Part II: Access

A. Timely Access Standards (6 of 7)

3. Details for 1915(b)(4)FFS selective contracting programs: Please describe how the State assures timely access to the services covered under the selective contracting program.

Section A: Program Description

Part II: Access
A. Timely Access Standards (7 of 7)

**Additional Information.** Please enter any additional information not included in previous pages:
The draft contract language requires that the plan provide access to at least 2 providers within the contractual time and distance standards [i.e., 15 miles (urban) or 30 miles (rural) or 30 minutes (urban) or 60 minutes (rural), except for specialists, which is within no more than 30 miles (urban) or no more 60 miles (rural) or 60 minutes (urban) or 75 minutes (rural)]. These standards apply unless the plan requests an exception because the member resides in an area where the needed provider is not available within these standards. These standard will be applied to each type of provider including but not limited to: (i) adult and pediatric primary care, (ii) OB/GYN, (iii) behavioral health, (iv) adult and pediatric specialist, (v) hospital, (vi) pharmacy, and (vii) pediatric dental to the extent currently applicable; (viii) long term services and supports; (ix) specialist such as infectious disease specialist.

Other Network Requirements includes: (i) the health plans must maintain adequate provider network coverage to serve its enrolled members within the region twenty-four (24) hours per day, seven (7) days a week; (ii) all enrollees must have access to urgent care facilities; (iii) inpatient hospital access; (iv) there must be at least one PCP (adult and pediatric) to every 1,500 enrollees; (v) networks must include health homes, behavioral health homes and substance use disorder providers.

DMAS will require health plans to submit full provider files on a weekly basis to the enrollment broker, on a monthly basis to DMAS, and more frequently if needed (for example upon notification of provider terminations, member or provider complaints, or information received from the enrollment broker, ombudsman, etc.) DMAS will monitor in a variety of ways including GeoAccess or alternative software, Contractor self-reporting, complaint investigation, secret shopper, satisfaction surveys, comparison of provider networks by type of provider against member enrollment, comparison of service authorization data with claim dates of service data to monitor wait time between the time that services are authorized versus the date services were rendered. Some of these monitoring practices will be delayed until DMAS implements its new data warehouse and reporting systems.

DMAS reserves the right to revise network standards as necessary based on enrollee needs.

**Section A: Program Description**

**Part II: Access**

**B. Capacity Standards (1 of 6)**

1. **Assurances for MCO, PIHP, or PAHP programs**

   - The State assures CMS that it complies with section 1932(b)(5) of the Act and 42 CFR 438.207 Assurances of adequate capacity and services, in so far as these requirements are applicable.
   - The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.

   Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

   ![Image]

   - The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(b)(5) and 42 CFR 438.207 Assurances of adequate capacity and services. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

   *If the 1915(b) Waiver Program does not include a PCCM component, please continue with Part II, C. Coordination and Continuity of Care Standards.*
Section A: Program Description

Part II: Access

B. Capacity Standards (2 of 6)

2. Details for PCCM program. The State must assure that Waiver Program enrollees have reasonable access to services. Please note below which of the strategies the State uses assure adequate provider capacity in the PCCM program.
   a. □ The State has set enrollment limits for each PCCM primary care provider.
      
      Please describe the enrollment limits and how each is determined:

   b. □ The State ensures that there are adequate number of PCCM PCPs with open panels.
      
      Please describe the State’s standard:

   c. □ The State ensures that there is an adequate number of PCCM PCPs under the waiver assure access to all services covered under the Waiver.
      
      Please describe the State’s standard for adequate PCP capacity:

Section A: Program Description

Part II: Access

B. Capacity Standards (3 of 6)

2. Details for PCCM program. (Continued)
   d. □ The State compares numbers of providers before and during the Waiver.

   Provider Type | # Before Waiver | # in Current Waiver | # Expected in Renewal

   Please note any limitations to the data in the chart above:

   e. □ The State ensures adequate geographic distribution of PCCMs.
      
      Please describe the State’s standard:

Section A: Program Description

Part II: Access

B. Capacity Standards (4 of 6)

2. Details for PCCM program. (Continued)
   f. □ PCP:Enrollee Ratio. The State establishes standards for PCP to enrollee ratios.
Section A: Program Description

Part II: Access

B. Capacity Standards (5 of 6)

3. Details for 1915(b)(4)FFS selective contracting programs: Please describe how the State assures provider capacity has not been negatively impacted by the selective contracting program. Also, please provide a detailed capacity analysis of the number of beds (by type, per facility) – for facility programs, or vehicles (by type, per contractor) – for non-emergency transportation programs, needed per location to assure sufficient capacity under the waiver program. This analysis should consider increased enrollment and/or utilization expected under the waiver.

Section A: Program Description

Part II: Access

B. Capacity Standards (6 of 6)

Additional Information. Please enter any additional information not included in previous pages:

Section A: Program Description

Part II: Access

C. Coordination and Continuity of Care Standards (1 of 5)

1. Assurances for MCO, PIHP, or PAHP programs

☐ The State assures CMS that it complies with section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services; in so far as these requirements are applicable.

☐ The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

☐ The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to
the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

Section A: Program Description

Part II: Access

C. Coordination and Continuity of Care Standards (2 of 5)

2. Details on MCO/PIHP/PAHP enrollees with special health care needs.

The following items are required.

a. The plan is a PIHP/PAHP, and the State has determined that based on the plan’s scope of services, and how the State has organized the delivery system, that the PIHP/PAHP need not meet the requirements for additional services for enrollees with special health care needs in 42 CFR 438.208.

Please provide justification for this determination:

b. Identification. The State has a mechanism to identify persons with special health care needs to MCOs, PIHPs, and PAHPs, as those persons are defined by the State.

Please describe:

Since all enrollees in CCC+ will be elderly or disabled or both DMAS considers all CCC+ enrollees as having special health care needs. However, DMAS has stratified individuals as highest need as: 1) individuals enrolled in the TAP, 2) individuals enrolled in the EDCD program or those residing in nursing facilities, 3) all others. The health plans are contractually required to meet with individuals and complete a Health Risk Assessments with them within established timeframes. DMAS plays a proactive role in identifying which category an individual falls into for the health plans by providing monthly transition reports that includes, at a minimum: the individual’s level of care (LOC); prior service authorizations for members transitioning from another program, transplants, special medical procedures, equipment or services, use of specialists, specific medications, etc. For participants who have been enrolled in the CCC+ Waiver or admitted to a NF prior to enrolling in CCC+, DMAS will also send the State’s Uniform Assessment Instrument (UAI) to the health plans. A change to the LOC is monitored by DMAS through our contract monitoring and quality programs.

c. Assessment. Each MCO/PIHP/PAHP will implement mechanisms, using appropriate health care professionals, to assess each enrollee identified by the State to identify any ongoing special conditions that require a course of treatment or regular care monitoring. Please describe:

Please describe the enrollment limits and how each is determined:

Health plans are required to conduct, with active participation from the member, a timely comprehensive health risk assessment (HRA) of each members medical, behavioral health, long-term services and supports, and social needs. HRAs will include the members’ strengths and goals, need for specialists and the plan for care coordination. Timeliness guidelines are defined in the contract. Health plans are required to use the previous HRA until they complete one within the required time. Assessments will be done in accordance with 438.208(c)(3)(v).

Health plans will be required to conduct timely face-to-face level of care (LOC) annual reassessments are conducted for CCC+ Waiver members, TAP members and for members residing in NFs to insure the participant continues to meet LOC criteria and that the services being received are sufficient to meet the participant’s health and safety needs. Also, the annual assessment determines whether HCBS Waiver services under the CCC+ Program continue to be the program of choice (with the services and providers of choice within the health plan’s network) for the individual or responsible party, if the individual is unable to make this decision.

d. Treatment Plans. For enrollees with special health care needs who need a course of treatment or regular care monitoring, the State requires the MCO/PIHP/PAHP to produce a treatment plan. If so, the treatment plan meets the following requirements:
1. ☑ Developed by enrollees’ primary care provider with enrollee participation, and in consultation with any specialists’ care for the enrollee.
2. ☑ Approved by the MCO/PIHP/PAHP in a timely manner (if approval required by plan).
3. ☑ In accord with any applicable State quality assurance and utilization review standards.

Please describe:

The health plans are required to develop a person-centered, culturally competent Individualized Care Plan (ICP) for each member. The ICP shall be tailored to the member’s needs and preferences and conducted within the timeframes specified in the contract. Among other things, the ICP will contain measurable goals, interventions, and expected outcomes, completion timeframes, and back up plans as appropriate. The health, safety (including minimizing risk), and welfare of the member must also be addressed in the ICP. The health plan must engage each member in ongoing development of their ICP and must ensure that the member receives any necessary assistance and accommodations to prepare for and fully participate in the care planning process that includes the ICP development. Members shall have the authority to determine who is included in the process.

The health plans’ care coordinator approve the ICP that is approved and monitored by the interdisciplinary care team (ICT). Any identified gap I care will integrate into the ICP.

DMAS will review and approve the health plan’s care management programs to ensure all required components are adequately addressed.

e. ☑ Direct access to specialists. If treatment plan or regular care monitoring is in place, the MCO/PIHP/PAHP has a mechanism in place to allow enrollees to directly access specialists as appropriate for enrollee’s condition and identified needs.

Please describe:

The CCC+ Program contract requires the health plans to have a mechanism in place for participants with special health care needs that allows the member direct access to a (network) specialist through a standing referral or an approved number of visits, as appropriate for the member’s condition and identified needs. If the specialist is out-of-network, the plans will transition the member to a network provider per contract requirements and so long as there is a network provider that is able to serve the individual.

Section A: Program Description

Part II: Access

C. Coordination and Continuity of Care Standards (3 of 5)

3. Details for PCCM program. The State must assure that Waiver Program enrollees have reasonable access to services. Please note below which of the strategies the State uses assure adequate provider capacity in the PCCM program.
   a. ☐ Each enrollee selects or is assigned to a primary care provider appropriate to the enrollee’s needs.
   b. ☐ Each enrollee selects or is assigned to a designated designated health care practitioner who is primarily responsible for coordinating the enrollee’s overall health care.
   c. ☐ Each enrollee is receives health education/promotion information.

Please explain:

   d. ☐ Each provider maintains, for Medicaid enrollees, health records that meet the requirements established by the State, taking into account professional standards.
   e. ☐ There is appropriate and confidential exchange of information among providers.
   f. ☐ Enrollees receive information about specific health conditions that require follow-up and, if appropriate, are given training in self-care.
   g. ☐ Primary care case managers address barriers that hinder enrollee compliance with prescribed treatments or regimens, including the use of traditional and/or complementary medicine.
h. Additional case management is provided.

*Please include how the referred services and the medical forms will be coordinated among the practitioners, and documented in the primary care case manager’s files.*

i. Referrals.

*Please explain in detail the process for a patient referral. In the description, please include how the referred services and the medical forms will be coordinated among the practitioners, and documented in the primary care case managers’ files.*

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Section A: Program Description

Part II: Access

C. Coordination and Continuity of Care Standards (4 of 5)

4. **Details for 1915(b)(4) only programs:** If applicable, please describe how the State assures that continuity and coordination of care are not negatively impacted by the selective contracting program.

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Section A: Program Description

Part II: Access

C. Coordination and Continuity of Care Standards (5 of 5)

**Additional Information.** Please enter any additional information not included in previous pages:

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Section A: Program Description

Part III: Quality

1. **Assurances for MCO or PIHP programs**

- The State assures CMS that it complies with section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202, 438.204, 438.210, 438.214, 438.218, 438.224, 438.226, 438.230, 438.236, 438.240, and 438.242 in so far as these regulations are applicable.

- The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP programs.

*Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:*

- The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202, 438.204, 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230, 438.236, 438.240, and 438.242. If this is an initial
waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

Section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202 requires that each State Medicaid agency that contracts with MCOs and PIHPs submit to CMS a written strategy for assessing and improving the quality of managed care services offered by all MCOs and PIHPs.

The State assures CMS that this **quality strategy** was initially submitted to the CMS Regional Office on: 12/31/16  
(mm/dd/yy)

The State assures CMS that it complies with section 1932(c)(2) of the Act and 42 CFR 438 Subpart E, to arrange for an annual, independent, **external quality review** of the outcomes and timeliness of, and access to the services delivered under each MCO/ PIHP contract. Note: EQR for PIHPs is required beginning March 2004.

**Please provide the information below (modify chart as necessary):**

<table>
<thead>
<tr>
<th>Program Type</th>
<th>Name of Organization</th>
<th>Activities Conducted</th>
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<td>EQR study</td>
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**Section A: Program Description**

**Part III: Quality**

2. **Assurances For PAHP program**

☐ The State assures CMS that it complies with section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230 and 438.236, in so far as these regulations are applicable.

☐ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PAHP programs.

*Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:* 

☐ The CMS Regional Office has reviewed and approved the PAHP contracts for compliance with the provisions of section 1932(c) (1)(A)(iii)-(iv) of the Act and 42 CFR 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230 and 438.236. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.
Section A: Program Description

Part III: Quality

3. Details for PCCM program. The State must assure that Waiver Program enrollees have access to medically necessary services of adequate quality. Please note below the strategies the State uses to assure quality of care in the PCCM program.
   a. □ The State has developed a set of overall quality improvement guidelines for its PCCM program.

   Please describe:

   

Section A: Program Description

Part III: Quality

3. Details for PCCM program. (Continued)
   b. □ State Intervention: If a problem is identified regarding the quality of services received, the State will intervene as indicated below.
      1. □ Provide education and informal mailings to beneficiaries and PCCMs
      2. □ Initiate telephone and/or mail inquiries and follow-up
      3. □ Request PCCM’s response to identified problems
      4. □ Refer to program staff for further investigation
      5. □ Send warning letters to PCCMs
      6. □ Refer to State’s medical staff for investigation
      7. □ Institute corrective action plans and follow-up
      8. □ Change an enrollee’s PCCM
      9. □ Institute a restriction on the types of enrollees
      10. □ Further limit the number of assignments
      11. □ Ban new assignments
      12. □ Transfer some or all assignments to different PCCMs
      13. □ Suspend or terminate PCCM agreement
      14. □ Suspend or terminate as Medicaid providers
      15. □ Other

   Please explain:

   

Section A: Program Description

Part III: Quality

3. Details for PCCM program. (Continued)
   c. □ Selection and Retention of Providers: This section provides the State the opportunity to describe any requirements, policies or procedures it has in place to allow for the review and documentation of qualifications and other relevant information pertaining to a provider who seeks a contract with the State or PCCM administrator as a PCCM. This section is required if the State has applied for a 1915(b)(4) waiver that will be applicable to the PCCM program. Please check any processes or procedures listed below that the State uses in the process of selecting and retaining PCCMs. The State (please check all that apply):
1. □ Has a documented process for selection and retention of PCCMs (please submit a copy of that documentation).

2. □ Has an initial credentialing process for PCCMs that is based on a written application and site visits as appropriate, as well as primary source verification of licensure, disciplinary status, and eligibility for payment under Medicaid.

3. □ Has a recredentialing process for PCCMs that is accomplished within the time frame set by the State and through a process that updates information obtained through the following (check all that apply):
   A. □ Initial credentialing
   B. □ Performance measures, including those obtained through the following (check all that apply):
      ■ □ The utilization management system.
      ■ □ The complaint and appeals system.
      ■ □ Enrollee surveys.
      ■ □ Other.

   Please describe:

4. □ Uses formal selection and retention criteria that do not discriminate against particular providers such as those who serve high risk populations or specialize in conditions that require costly treatment.

5. □ Has an initial and recredentialing process for PCCMs other than individual practitioners (e.g., rural health clinics, federally qualified health centers) to ensure that they are and remain in compliance with any Federal or State requirements (e.g., licensure).

6. □ Notifies licensing and/or disciplinary bodies or other appropriate authorities when suspensions or terminations of PCCMs take place because of quality deficiencies.

7. □ Other

    Please explain:

Section A: Program Description

Part III: Quality

3. Details for PCCM program. (Continued)
   d. Other quality standards (please describe):

Section A: Program Description

Part III: Quality

4. Details for 1915(b)(4) only programs: Please describe how the State assures quality in the services that are covered by the selective contracting program. Please describe the provider selection process, including the criteria used to select the providers under the waiver. These include quality and performance standards that the providers must meet. Please also describe how each criteria is weighted:
Section A: Program Description

Part IV: Program Operations

A. Marketing (1 of 4)

1. Assurances

☑ The State assures CMS that it complies with section 1932(d)(2) of the Act and 42 CFR 438.104 Marketing activities; in so far as these regulations are applicable.

☐ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.

*Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:*

☑ The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(d)(2) of the Act and 42 CFR 438.104 Marketing activities. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

☐ This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.

Section A: Program Description

Part IV: Program Operations

A. Marketing (2 of 4)

2. Details

a. Scope of Marketing

1. ☐ The State does not permit direct or indirect marketing by MCO/PIHP/PAHP/PCCM or selective contracting FFS providers.

2. ☑ The State permits indirect marketing by MCO/PIHP/PAHP/PCCM or selective contracting FFS providers (e.g., radio and TV advertising for the MCO/PIHP/PAHP or PCCM in general).

*Please list types of indirect marketing permitted:*

- Pre-approved informational materials for TV, radio, and newspaper dissemination;
- Billboards, point of service displays, and transit cards;
- Marketing at community sites or other approved locations;
- Hosting or participating in health awareness events, community events, and health fairs pre-approved by DMAS;
- Health screenings offered at community events, health awareness events, and in wellness vans.
- All materials and events must be approved in advance by DMAS.
- The Department reviews and evaluates all materials for contract compliance.

3. ☑ The State permits direct marketing by MCO/PIHP/PAHP/PCCM or selective contracting FFS providers (e.g., direct mail to Medicaid beneficiaries).

*Please list types of direct marketing permitted:*

The Contractor is prohibited from making unsolicited offers of individual appointments. However, a health plan can make an individual appointment if the member/representative has contacted the health plan to request assistance or information. The health plan must attempt to conduct an
appointment in the member’s preferred location. In such a meeting a representative is expected to present the benefits a member can expect to receive if they enroll in their plan. 
DMAS restricts health plan access to potential member data for the purpose of direct marketing. Health plans may develop direct marketing materials, submit them to DMAS for approval, and supply the materials to the State's contractor for distribution. Distribution occurs only after DMAS releases current mailing databases to the contractor.
Direct marketing can only be done to potential members during open enrollment and must be distributed to the entire CCC+ eligible population on a city or countywide basis for the regions covered under CCC+. The Department must approve a request for a smaller distribution area. The Department reviews and evaluates all materials for contract compliance.

Section A: Program Description

Part IV: Program Operations

A. Marketing (3 of 4)

2. Details (Continued)

b. Description. Please describe the State’s procedures regarding direct and indirect marketing by answering the following questions, if applicable.

1. ✔ The State prohibits or limits MCOs/PIHPs/PAHPs/PCCMs/selective contracting FFS providers from offering gifts or other incentives to potential enrollees.

Please explain any limitation or prohibition and how the State monitors this:

The health plan may provide offers of free non-cash promotional items and “giveaways” that do not exceed a total combined nominal value of $25.00 to any prospective member or family for marketing purposes. Such items must be offered to all prospective members for marketing purposes whether or not the prospective member chooses to enroll in the health plan’s plan.

The health plans may offer non-cash incentives or discounts to their members for the purpose of rewarding healthy behaviors (e.g., immunizations, prenatal visits,provider visits, or participating in disease management, Healthcare Effectiveness Data Information Set (HEDIS) or HEDIS related measures/activities, etc.). The health plans shall also ensure that incentives are made available in equal amount, duration, and scope to the plan’s membership in all localities served. Incentives shall be limited to a value of no more than $50.00 for each medical goal, unless otherwise approved by the Department. DMAS reserves the right to deny healthy incentive initiatives that do not align with DMAS or CMS policy.

The health plan must submit all incentive award packages to DMAS for approval prior to implementation.

2. ☐ The State permits MCOs/PIHPs/PAHPs/PCCMs/selective contracting FFS providers to pay their marketing representatives based on the number of new Medicaid enrollees he/she recruited into the plan.

Please explain how the State monitors marketing to ensure it is not coercive or fraudulent:

3. ✔ The State requires MCO/PIHP/PAHP/PCCM/selective contracting FFS providers to translate marketing materials.

Please list languages materials will be translated into. (If the State does not translate or require the translation of marketing materials, please explain):

The State requires that documents in languages other than English be made available when five percent (5%) of the Medicaid eligible population is non-English speaking and speaks a common language. The population will be assessed by region and will only affect documents distributed in
the affected regions.

Based on census data, Spanish is the only language that is close to, but does not yet meet, the threshold requirement in any region. The State has chosen these languages because (check any that apply):

a. ☐ The languages comprise all prevalent languages in the service area.

Please describe the methodology for determining prevalent languages:


b. ✔ The languages comprise all languages in the service area spoken by approximately __% percent or more of the population.

c. ☐ Other

Please explain:


Section A: Program Description

Part IV: Program Operations

A. Marketing (4 of 4)

Additional Information. Please enter any additional information not included in previous pages:


Section A: Program Description

Part IV: Program Operations

B. Information to Potential Enrollees and Enrollees (1 of 5)

1. Assurances

✔ The State assures CMS that it complies with Federal Regulations found at section 1932(a)(5) of the Act and 42 CFR 438.10 Information requirements; in so far as these regulations are applicable.

☐ The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of the regulatory requirements listed above for PIHP or PAHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:


✔ The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(5) of the Act and 42 CFR 438.10 Information requirements. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

☐ This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.
Section A: Program Description

Part IV: Program Operations

B. Information to Potential Enrollees and Enrollees (2 of 5)

2. Details

   a. Non-English Languages

      1. The enrollee and enrollee materials will be translated into the prevalent non-
         languages.

         Please list languages materials will be translated into. (If the State does not require written
         materials to be translated, please explain):

         Based on census data, Spanish is the only language that is close to, but does not yet meet, the 5%
         threshold requirement.

         If the State does not translate or require the translation of marketing materials, please explain:

         The State defines prevalent non-English languages as: (check any that apply):

         a. The languages spoken by significant number of potential enrollees and enrollees.

            Please explain how the State defines “significant.”:

            2. The languages spoken by approximately 5.00 percent or more of the
               potential enrollee/enrollee population.

               Please explain:

               3. Other

      2. Please describe how oral translation services are available to all potential enrollees and enrollees,
         regardless of language spoken.

         Oral translation services are available for members and potential members through the enrollment
         broker using bilingual staff or the telephone language line via a toll free number. DMAS staff also
         has access to the language line. Members can access oral translation services through the health
         plans’ customer service centers and members calling into the health plan may utilize this option.

      3. The State will have a mechanism in place to help enrollees and potential enrollees understand the
         managed care program.

         Please describe:

         Every eligible member is provided information about managed care and member rights and
         protections as required in 42 CFR 438.10. Potential members and members can access this
         information and more through a toll-free Helpline and DMAS staff. Additionally, the State Long-
         Term Care (LTC) Ombudsman is available to each member and can assist with protecting their
         rights and empowering members.
Section A: Program Description

Part IV: Program Operations

B. Information to Potential Enrollees and Enrollees (3 of 5)

2. Details (Continued)

b. Potential Enrollee Information

Information is distributed to potential enrollees by:

☑ State
☑ Contractor

Please specify:

Assignment information is sent by the Department through our contractor. This information contains a comparison chart in English/Spanish showing the health plan options in their locality, benefits and the toll-free number for the enrollment broker. Information may also be found online. The enrollment broker may send out information (provider and pharmacy directories, handbooks, etc.) upon request.

☐ There are no potential enrollees in this program. (Check this if State automatically enrolls beneficiaries into a single PIHP or PAHP.)

Section A: Program Description

Part IV: Program Operations

B. Information to Potential Enrollees and Enrollees (4 of 5)

2. Details (Continued)

c. Enrollee Information

The State has designated the following as responsible for providing required information to enrollees:

☑ the State
☑ State contractor

Please specify:

Materials may be sent to members from the State's mailing contractor (assignment letters, open enrollment notifications and program-specific materials); from the State's enrollment broker (upon request), and from the member's assigned health plan--upon confirmation of the monthly enrollment file from DMAS(new member packet including a member handbook and ID card).

☐ The MCO/PIHP/PAHP/PCCM/FFS selective contracting provider.

Section A: Program Description

Part IV: Program Operations

B. Information to Potential Enrollees and Enrollees (5 of 5)

Additional Information. Please enter any additional information not included in previous pages:

Materials may be sent to members or potential members from three sources: the State; the enrollment broker; or the health plan. The State’s mailing house contractor sends out pre-assignment letters, open enrollment notifications, and program-specific materials monthly, based on assignment information received from DMAS. The enrollment broker, when requested, will send the member information based on a member’s questions and phone call (for example a comparison chart).

All applicants for Medicaid, once approved, will receive a permanent plastic Medicaid ID card and an applicant handbook

https://wms-mmdl.cdsvdc.com/WMS/faces/protected/cms1915b/v0/print/PrintSelector.jsp 5/7/2017
(also available on the Internet) from the Department of Social Services (DSS). Unless the beneficiary meets the criteria to be exempt from MLTSS as outlined in regulations and established through Virginia Medical Management Information System edits, the beneficiary will receive a system generated letter indicating his or her eligibility for CCC+, and the effective date of enrollment. The letter will also include the enrollment broker phone number, a link to the enrollment broker website, and instructions to contact the toll-free managed care helpline number to select an available health plan, or for assistance with questions. After the assignment system run, DMAS or its mailing contractor then sends CCC+ members’ assignment information that includes the name of the assigned or selected health plan and the effective date. If the beneficiary contacts the enrollment broker prior to the 18th of the month, their change in health plans will be effective the 1st of the next month. If the beneficiary contacts the enrollment broker after the 18th of the month, the change in health plans will be effective the 1st of the following month. After the 90-day window, a beneficiary may only change "for cause" or during his/her annual open enrollment period.

The enrollment broker will send information, such as comparison charts, upon request. The health plans may not send any materials or make contacts with potential beneficiaries until they receive the enrollment file from DMAS. They receive an initial file mid-month, after the assignment run, and a confirmed enrollment file after the first of the month run. In addition, they receive the transition file around the 20th of the month to help identify currently authorized services, medications, etc. and potential case management or medical management needs. After receipt of this file (and member's confirmed assignment) the health plans are encouraged to begin efforts to reach the member and/or complete an assessment according to contract requirements.

The health plans are contractually required to mail new member packets to beneficiaries identified on the enrollment file, including an introduction letter, provider directory, and health plan identification card, and member handbook within a specified timeframe. Within the handbook is information covering (but not limited to) the following: benefits; provider information; continuity of services; member rights and protections; grievance and appeals information; prior authorization requirements; covered services, including CCC+ Waiver and NF services; advanced directives; CCC+ Waiver screening criteria and program eligibility; coordination with Medicare programs; and, patient pay information for CCC+ Waiver and NF services. Each health plan is required to operate its own website which can offer members and potential members a wealth of information about their specific plan, provider networks, enhanced services, etc. Health plans will receive member enrollment information approximately 40 days prior to the individuals begin date.

Members assigned to a health plan, and at open enrollment, will receive materials regarding the program & provider options. There is a toll-free Managed Care Helpline where staff can provide additional information and assist with questions. Additional information may be found online. For each phase of the initial enrollment individuals will receive these materials approximately 40 days prior to their begin date.

The State as well as its enrollment broker will provide factual and unbiased information regarding available health plans to members and potential members. Every eligible member is provided the basic information about managed care and member rights and protections as required in 42 CFR 438.10. Potential members and members can also call, e-mail or write to the state or enrollment broker with questions and concerns about the CCC+ Program.

As part of its efforts to educate members about the CCC+ Program, and to ensure that their rights are protected, DMAS has continued its partnership with the State Long-Term Care (LTC) Ombudsman. Under this partnership, the LTC Ombudsman is responsible for protecting their Medicaid member rights, investigating complaints, empowering members to resolve health care problems, and assisting with appeals and grievances.

Members and potential members have access to toll-free assistance through the Managed Care Helpline, which offers a wide range of services. Newly eligible members to the CCC+ Program are provided with informational materials including, but not limited to: a description of plan benefits; services offered by the participating health plans; enrollment instructions; and CCC+ Program exclusions. Participants have up to 90 days after initial enrollment into the CCC+ Program to make a change in their health plan selection or assignment.

DMAS will also have designated staff to assist with questions/issues which arise surrounding eligibility for, enrollment in, and services provided under the CCC+ Program.

Section A: Program Description

Part IV: Program Operations

C. Enrollment and Disenrollment (1 of 6)
1. Assurances

☑ The State assures CMS that it complies with section 1932(a)(4) of the Act and 42 CFR 438.56 Disenrollment; in so far as these regulations are applicable.

☐ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs. (Please check this item if the State has requested a waiver of the choice of plan requirements in section A.1.C.)

*Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:*

☑ The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(4) of the Act and 42 CFR 438.56 Disenrollment requirements. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

☐ This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.

Section A: Program Description

Part IV: Program Operations

C. Enrollment and Disenrollment (2 of 6)

2. Details

Please describe the State’s enrollment process for MCOs/PIHPs/PAHP/PCCMs and FFS selective contracting provider by checking the applicable items below.

a. Outreach

☑ The State conducts outreach to inform potential enrollees, providers, and other interested parties of the managed care program.

*Please describe the outreach process, and specify any special efforts made to reach and provide information to special populations included in the waiver program:*

DMAS will utilize a multi-faceted outreach approach to provide information to potential members/members, providers, stakeholders, other state agencies, and other interested parties about CCC+. DMAS implemented many of these efforts during the design and implementation of the CCC Program, and found that they were extremely effective at exchanging information and building partnerships. Therefore, DMAS built off this momentum for CCC+. Below are examples of outreach efforts DMAS is currently implementing, and plans to implement:

Town Hall Meetings, Newsletter, and Presentations: DMAS staff, the health plans, and the Virginia Insurance Counseling and Assistance Program (VICAP) conduct town hall meetings around the state to educate providers, potential members/members, family members, and/or caregivers about CCC+. The town hall meetings consist of CCC+ program overviews, an overview of member protections provided by the state’s Medicaid health insurance program counselors, health plan presentations, and a question/answer session. DMAS staff also prepares and email bi-monthly newsletters that include updates on the CCC+ program, education and outreach, and quality monitoring activities. The newsletters are posted on the DMAS website. In addition, DMAS staff and VICAP offer a variety of education and outreach activities as needed to members in nursing facilities, assisted living facilities, and independent living senior housing complexes and their families.

Stakeholder Conference Calls: To facilitate information exchange on CCC+, DMAS will partner with the
health plans to host weekly stakeholder conference calls. These calls are separated into provider calls (i.e., adult day care, behavioral health, hospitals and medical practices, nursing facilities, personal and respite care, private duty nursing, home health and service facilitators) and member calls. The conference calls will feature CCC+ updates and opportunities for stakeholders to ask DMAS and health plan staff questions about the program. During the conference calls, DMAS staff will prepare “question and answer” logs that are sent to members on the agency’s CCC+ email distribution list after the calls are completed.

DMAS/health plan/Stakeholder Workgroups: DMAS and the health plans participate in workgroups with several provider organizations and associations to align processes on various topics for long-term care and behavioral health (BH) providers (e.g., standardized authorization forms, claims processing, staff contacts, care coordination flow, communication lines, and evaluation metrics). These workgroups help foster open communication with these organizations and improve BH and LTSS services to CCC+ members.

Stakeholder Advisory Committee: DMAS will convene a stakeholder advisory committee composed of roughly 20 members representing self-advocates and their families, senior, behavioral health, disability, physician, home health, health plan, nursing facility, and hospital communities. Individuals serving on the committee are appointed by the Virginia Secretary of Health and Human Resources. The committee meets on a quarterly basis and the meetings are open to the public. During the meetings, staff from DMAS and the health plans will present on the progress of CCC+ (including successes achieved and challenges encountered), and any upcoming program events and activities.

Other:
• Information is also available through both the DMAS and Enrollment Broker (Managed Care Helpline) websites and toll-free helplines.
• Both DMAS and the contracted health plans will have personnel available to assist participants, providers, and community advocates in obtaining necessary information and providing assistance in navigating through the integrated long term care and managed care systems. The pre-admission screening teams conducting screenings for the CCC+ Waiver will also have information regarding health choices.
• The health plans will be required to participate on a workgroup committee to be held twice a month at DMAS.
• In an attempt to provide the best information, training, and outreach regarding the CCC+ Program to the above listed groups or members, DMAS has strengthened its partnerships with other state agencies including the:
  • Department of Social Services (responsible for determining eligibility and conducting nursing home pre-admission screenings);
  • Department of Health (health departments/clinics, nursing home pre-admission screenings, etc.);
  • Department for Aging and Rehabilitative Services; and,
  • Department of Behavioral Health and Developmental Services (Community Mental Health Services, Substance Abuse Services).

Electronic updates will be available through the DMAS website throughout the program design and implementation phases. DMAS staff proactively reached out to associations to present at their fall conferences and advisory meetings. We are also scheduling presentations by request. We currently have 12 presentations scheduled between September – December 2016. We are also infusing information about MLTSS into existing provider trainings related to other programs. For example, during annual regional service facilitator training, we will include a presentation on CCC+. From May through December 2017 we will be hosting 12 regional town hall meetings. We will have sessions for providers and individuals/families. These town hall meetings will include presentations from DMAS staff, the health plans and the Virginia Insurance Counseling Assistance Program. May – December 2017, we will begin weekly conference calls with health providers and individuals/families to answer questions about the program.

Section A: Program Description

Part IV: Program Operations
C. Enrollment and Disenrollment (3 of 6)
2. Details (Continued)

b. Administration of Enrollment Process

☐ State staff conducts the enrollment process.

☑ The State contracts with an independent contractor(s) (i.e., enrollment broker) to conduct the enrollment process and related activities.

☑ The State assures CMS the enrollment broker contract meets the independence and freedom from conflict of interest requirements in section 1903(b) of the Act and 42 CFR 438.810.

Broker name: Maximus

Please list the functions that the contractor will perform:

☑ choice counseling

☑ enrollment

☑ other

Please describe:

The enrollment broker provides a toll-free helpline where recipients can call to make changes, ask questions, or obtain needed information to make informed choices regarding their health plan options. The helpline provides CCC+ beneficiaries with an array of information such as covered and carved-out services, exclusion regulations, provider affiliations (including CCC+ Waiver and NF providers), grievances and appeals assistance, and information on the screening process for a participant seeking CCC+ Waiver services or NF care. They will also be able to provide eligibility information, within confidentiality guidelines, and are able to triage calls to the health plans member services departments, local DSS agencies, or to DMAS. The Managed Care Helpline can also provide translation services and text telephone TDD services.

☐ State allows MCO/PIHP/PAHP or PCCM to enroll beneficiaries.

Please describe the process:

Section A: Program Description

Part IV: Program Operations

C. Enrollment and Disenrollment (4 of 6)

2. Details (Continued)

c. Enrollment. The State has indicated which populations are mandatorily enrolled and which may enroll on a voluntary basis in Section A.I.E.

☑ This is a new program.

Please describe the implementation schedule (e.g. implemented statewide all at once; phased in by area; phased in by population, etc.):

CCC+ will begin on July 1, 2017. Enrollment will be phased in by region. Following the initial phase in process, members will be able to change health plans without cause during an open enrollment period. The open enrollment period for this program will align with the federal open enrollment period. Eligible members will receive an initial assignment letter that provides their default assignment,
comparison chart, and information on how to reach the enrollment broker. They will also receive a confirmation letter just prior to their effective date confirming their health plan assignment. The phase in schedule is described below:

7/1/2017 Tidewater Region Estimated Pop. 17,395; 9/1/2017 Central Virginia Estimated Pop. 23,573; 10/1/2017 Charlottesville/Western Estimated Pop. 16,481; 11/1/2017 Roanoke/Alleghany and Southwest Estimated Pop. 23,665; 12/1/2017 Northern/Winchester Estimated Pop. 25,099; 1/1/2018 CCC Estimated Pop. 29,510 (Transition plan is to be determined with CMS); 1/1/2018 Aged, Blind and Disabled (ABD) Estimated Pop. 76,331 (Transitioning from Medallion 3.0); Total All Regions 212,054.

☐ This is an existing program that will be expanded during the renewal period.

Please describe: Please describe the implementation schedule (e.g. new population implemented statewide all at once; phased in by area; phased in by population, etc.):

☐ If a potential enrollee does not select an MCO/PIHP/PAHP or PCCM within the given time frame, the potential enrollee will be auto-assigned or default assigned to a plan.

   i. ☐ Potential enrollees will have 40 day(s) / 0 month(s) to choose a plan.

   ii. ☐ There is an auto-assignment process or algorithm.

   In the description please indicate the factors considered and whether or not the auto-assignment process assigns persons with special health care needs to an MCO/PIHP/PAHP/PCCM who is their current provider or who is capable of serving their particular needs:

   Newly enrolled or re-eligible CCC+ recipients will be assigned to a health plan through an algorithm. DMAS will use the following methodology to pre-assign members in the following order of priority: (1) Previous Medicare managed care enrollment within the past two months; (2) Previous Medicaid managed care enrollment within the past two months; (3) members in a NF will be pre-assigned to a plan that includes the member’s NF in its network, if the NF is in more than one health plan’s network, the assignment will be random between the plans; (4) members in the Waiver will be assigned to a health plan that includes the member’s current adult day health care (ADHC) or a private duty nursing provider in its network. If more than one health plan’s network includes the member’s provider in its network, the assignment will be random between the plans; (5) if none of the above applies to the member, he will be randomly assigned to a health plan in the member’s locality. The Department reserves the right to revise the intelligent assignment methodology, as needed. The individual will have approximately 40 days to select a health plan and an additional 90 days to change health plans.

☐ The State automatically enrolls beneficiaries.

☐ on a mandatory basis into a single MCO, PIHP, or PAHP in a rural area (please also check item A.I.C.3).

☐ on a mandatory basis into a single PIHP or PAHP for which it has requested a waiver of the requirement of choice of plans (please also check item A.I.C.1).

☐ on a voluntary basis into a single MCO, PIHP, or PAHP. The State must first offer the beneficiary a choice. If the beneficiary does not choose, the State may enroll the beneficiary as long as the beneficiary can opt out at any time without cause.

Please specify geographic areas where this occurs:

☐ The State provides guaranteed eligibility of [ ] months (maximum of 6 months permitted) for MCO/PCCM enrollees under the State plan.
The State allows otherwise mandated beneficiaries to request exemption from enrollment in an MCO/PIHP/PAHP/PCCM.

Please describe the circumstances under which a beneficiary would be eligible for exemption from enrollment. In addition, please describe the exemption process:

The State automatically re-enrolls a beneficiary with the same PCCM or MCO/PIHP/PAHP if there is a loss of Medicaid eligibility of 2 months or less.

Section A: Program Description

Part IV: Program Operations

C. Enrollment and Disenrollment (5 of 6)

2. Details (Continued)

d. Disenrollment

The State allows enrollees to disenroll from/transfer between MCOs/PIHPs/PAHPs and PCCMs.

Regardless of whether plan or State makes the determination, determination must be made no later than the first day of the second month following the month in which the enrollee or plan files the request. If determination is not made within this time frame, the request is deemed approved.

i. ☑ Enrollee submits request to State.

ii. ☐ Enrollee submits request to MCO/PIHP/PAHP/PCCM. The entity may approve the request, or refer it to the State. The entity may not disapprove the request.

iii. ☑ Enrollee must seek redress through MCO/PIHP/PAHP/PCCM grievance procedure before determination will be made on disenrollment request.

The State does not permit disenrollment from a single PIHP/PAHP (authority under 1902 (a)(4) authority must be requested), or from an MCO, PIHP, or PAHP in a rural area.

The State has a lock-in period (i.e., requires continuous enrollment with MCO/PIHP/PAHP/PCCM) of 12 months (up to 12 months permitted). If so, the State assures it meets the requirements of 42 CFR 438.56(c).

Please describe the good cause reasons for which an enrollee may request disenrollment during the lock-in period (in addition to required good cause reasons of poor quality of care, lack of access to covered services, and lack of access to providers experienced in dealing with enrollee’s health care needs):

CCC+ Program participants may request, a change to another health plan, for the following reasons:

• The member moves out of the Contractor’s service area;
• The Contractor does not, because of moral or religious objections, cover the service the member seeks;
• The member needs related services (for example, a cesarean section and a tubal ligation) to be performed at the same time; not all related services are available within the provider network; and the member’s primary care provider or another provider determines that receiving the services separately would subject the member to unnecessary risk;
• The member would have to change their residential, institutional, or employment supports provider based on that provider’s change in status from an in-network to an out-of-network provider with the Contractor and, as a result, would experience a disruption in their residence or employment; and,
• Other reasons as determined by the Department, including poor quality of care, lack of access to services covered under this Contract, or lack of access to providers experienced in dealing with the member’s care needs.

The State does not have a lock-in, and enrollees in MCOs/PIHPs/PAHPs and PCCMs are allowed to terminate or change their enrollment without cause at any time. The disenrollment/transfer is effective no later than the first day of the second month following the request.

The State permits MCOs/PIHPs/PAHPs and PCCMs to request disenrollment of enrollees.
i.  ✓ MCO/PIHP/PAHP and PCCM can request reassignment of an enrollee.

Please describe the reasons for which enrollees can request reassignment

The Department reserves the right to exclude from participation in the MLTSS program any member who has been consistently noncompliant, as determined by the Department, with the policies and procedures of managed care or who is threatening to providers, MCOs, or DMAS. There must be sufficient documentation from various providers, the Contractor, and the Department of these noncompliance issues and any attempts at resolution. Individuals excluded from MLTSS through this provision may appeal the decision to the Department. Disenrollment from MLTSS by the Department shall be in accordance with 42 CFR § 438.56 (b)(2)&(3).

ii.  ✓ The State reviews and approves all MCO/PIHP/PAHP/PCCM-initiated requests for enrollee transfers or disenrollments.

iii.  ✓ If the reassignment is approved, the State notifies the enrollee in a direct and timely manner of the desire of the MCO/PIHP/PAHP/PCCM to remove the enrollee from its membership or from the PCCM’s caseload.

iv.  ✓ The enrollee remains an enrollee of the MCO/PIHP/PAHP/PCCM until another MCO/PIHP/PAHP/PCCM is chosen or assigned.

Section A: Program Description

Part IV: Program Operations

C. Enrollment and Disenrollment (6 of 6)

Additional Information. Please enter any additional information not included in previous pages:
The State monitors all enrollments/disenrollments from a health plan by reviewing weekly and monthly reports from the enrollment broker that track enrollment, disenrollment, plan or PCP changes, and complaints. Daily complaints are also received from the DMAS Helpline, internal DMAS staff, external persons such as providers or legislators, and Managed Care Unit staff.

The enrollment broker provides the Department with a monthly plan change report (including reasons) which is shared with the health plans. While the plans may not contact recipients regarding the reason for disenrollment, they are contractually required to notify the member through a disenrollment notice that coverage in the plan will no longer be effective. The notice should specify the effective date of the disenrollment, and when possible should be mailed prior to the member's actual disenrollment date.

The Department reserves the right to utilize alternate assignment/enrollment strategies when there are expansions to new client populations or geographical areas, and also reserves the right to cap assignment enrollments for any one health plan to 70% in a given coverage region. However, this 70% limit may be exceeded because of recipient-choice (which is paramount) assignment changes or as the Department deems necessary.

As part of our contract with the enrollment broker we have built in anticipated higher than normal call volume during the first three months of the program. The State will monitor daily and adjust according to volume. Our enrollment broker has the ability to pull in additional resources from other offices/call center as needed.

Section A: Program Description

Part IV: Program Operations

D. Enrollee Rights (1 of 2)

1. Assurances

✓ The State assures CMS that it complies with section 1932(a)(5)(B)(ii) of the Act and 42 CFR 438 Subpart C Enrollee Rights and Protections.

☐ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.
Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

[ ] The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(5)(B)(ii) of the Act and 42 CFR Subpart C Enrollee Rights and Protections. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

[ ] This is a proposal for a 1915(b)(4) FFS Selective Contracting Program only and the managed care regulations do not apply.

[ ] The State assures CMS it will satisfy all HIPAA Privacy standards as contained in the HIPAA rules found at 45 CFR Parts 160 and 164.

Section A: Program Description

Part IV: Program Operations

D. Enrollee Rights (2 of 2)

Additional Information. Please enter any additional information not included in previous pages:
DMAS routinely monitors member rights through complaint reports, grievances and appeals, member rights, courteous treatment, and access to services are items evaluated by the State-contracted External Quality Review Organization and health plans through on-site visits and satisfaction surveys. The DMAS Helplines, staff within the division that will oversee the CCC+ Program at DMAS and the health plans all receive grievances and complaints on managed care issues, including reported violations of member rights. All documented violations are investigated and resolved.

DMAS provides an member rights notification letter (English and alternative language when appropriate) to each member with their annual open enrollment notifications. Additionally, the health plans are contractually required to include member rights information in their Member Handbooks, which are mailed out to each new member or household.

Section A: Program Description

Part IV: Program Operations

E. Grievance System (1 of 5)

1. Assurances for All Programs States, MCOs, PIHPs, PAHPs, and States in PCCM and FFS selective contracting programs are required to provide Medicaid enrollees with access to the State fair hearing process as required under 42 CFR 431 Subpart E, including:
   a. informing Medicaid enrollees about their fair hearing rights in a manner that assures notice at the time of an action,
   b. ensuring that enrollees may request continuation of benefits during a course of treatment during an appeal or reinstatement of services if State takes action without the advance notice and as required in accordance with State Policy consistent with fair hearings. The State must also inform enrollees of the procedures by which benefits can be continued for reinstated, and
   c. other requirements for fair hearings found in 42 CFR 431, Subpart E.

[ ] The State assures CMS that it complies with section 1932(a)(4) of the Act and 42 CFR 438.56 Disenrollment; in so far as these regulations are applicable.

Section A: Program Description

Part IV: Program Operations

E. Grievance System (2 of 5)
2. Assurances For MCO or PIHP programs. MCOs'PIHPs are required to have an internal grievance system that allows an enrollee or a provider on behalf of an enrollee to challenge the denial of coverage of, or payment for services as required by section 1932(b)(4) of the Act and 42 CFR 438 Subpart H.

☐ The State assures CMS that it complies with section 1932(b)(4) of the Act and 42 CFR 438 Subpart F Grievance System, in so far as these regulations are applicable.

*Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:*

☐ The CMS Regional Office has reviewed and approved the MCO or PIHP contracts for compliance with the provisions of section 1932(b)(4) of the Act and 42 CFR 438 Subpart F Grievance System. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

Section A: Program Description

Part IV: Program Operations

E. Grievance System (3 of 5)

3. Details for MCO or PIHP programs

a. Direct Access to Fair Hearing

☐ The State requires enrollees to exhaust the MCO or PIHP grievance and appeal process before enrollees may request a state fair hearing.

☐ The State does not require enrollees to exhaust the MCO or PIHP grievance and appeal process before enrollees may request a state fair hearing.

b. Timeframes

☐ The State’s timeframe within which an enrollee, or provider on behalf of an enrollee, must file an appeal is [ ] days (between 20 and 90).

☐ The State’s timeframe within which an enrollee must file a grievance is [ ] days.

c. Special Needs

☑ The State has special processes in place for persons with special needs.

*Please describe:*

Health Plans are required to have materials available in a manner that accommodates those with special needs. Members must be informed that information is available in alternative formats and how to access those formats. Notices must be translated for members who speak prevalent languages and must include instructions that oral interpretation is available for all languages and how to access it.

Section A: Program Description

Part IV: Program Operations

E. Grievance System (4 of 5)

4. Optional grievance systems for PCCM and PAHP programs. States, at their option, may operate a PCCM and/or PAHP grievance procedure (distinct from the fair hearing process) administered by the State agency or the PCCM and/or PAHP that provides for prompt resolution of issues. These grievance procedures are strictly voluntary and may not interfere with a PCCM, or PAHP enrollee’s freedom to make a request for a fair hearing or a PCCM or PAHP
enrollee’s direct access to a fair hearing in instances involving terminations, reductions, and suspensions of already authorized Medicaid covered services.

☐ The State has a grievance procedure for its ☐ PCCM and/or ☐ PAHP program characterized by the following (please check any of the following optional procedures that apply to the optional PCCM/PAHP grievance procedure):

The grievance procedures are operated by:
☐ the State
☐ the State’s contractor.

Please identify:
☐ the PCCM
☐ the PAHP

☐ Requests for review can be made in the PCCM and/or PAHP grievance system (e.g. grievance, appeals):

Please describe:

☐ Has a committee or staff who review and resolve requests for review.

Please describe if the State has any specific committee or staff composition or if this is a fiscal agent, enrollment broker, or PCCM administrator function:

☐ Specifies a time frame from the date of action for the enrollee to file a request for review.

Please specify the time frame for each type of request for review:

☐ Has time frames for resolving requests for review.

Specify the time period set for each type of request for review:

☐ Establishes and maintains an expedited review process.

Please explain the reasons for the process and specify the time frame set by the State for this process:

☐ Permits enrollees to appear before State PCCM/PAHP personnel responsible for resolving the request for review.

☐ Notifies the enrollee in writing of the decision and any further opportunities for additional review, as well as the procedures available to challenge the decision.

☐ Other.

Please explain:

Section A: Program Description
Part IV: Program Operations

E. Grievance System (5 of 5)

Additional Information. Please enter any additional information not included in previous pages:

CCC+ Program members can appeal an adverse action, as defined in the contract, to DMAS only after he/she has exhausted the internal appeal rights process with the health plan. If a denial is for a child, then the health plan must provide a second level review (using EPSDT "correct or ameliorate" criteria) prior to issuing the final decision.

Appeals filed with DMAS through the State Fair Hearing Process are conducted in accordance with 42 CFR § 431 Subpart E and the Department’s Client Appeals regulations at 12 VAC 30-110-10 through 12 VAC 30-110-370. A member may request continuation of services during the Health Plan’s internal appeal and during the DMAS State Fair Hearing. A determination on continuation of services must be made in accordance with 42 CFR § 438.420 and the regulations governing the CCC Plus program (the appellant must request the continuation of services). If the final resolution of the appeal upholds the Health Plan’s action and services to the member were continued while the internal appeal of State Fair Hearing was pending, the Health Plan may recover the cost of the continuation of services from the member.

Health plans shall make have and make available written policies and procedures that describe the grievance process and how it operates. The process must be in compliance with 12 VAC 30-120-420. A member may file a grievance with the health plan or its network providers by calling or writing to the health plan or provider. The health plan shall be responsible for responding to all grievances as stipulated in the contract. DMAS staff will monitor each health plans’ grievance process to ensure compliance with the contract and quality standards.

Section A: Program Description

Part IV: Program Operations

F. Program Integrity (1 of 3)

1. Assurances

☑ The State assures CMS that it complies with section 1932(d)(1) of the Act and 42 CFR 438.610 Prohibited Affiliations with Individuals Barred by Federal Agencies. The State assures that it prohibits an MCO, PCCM, PIHP, or PAHP from knowingly having a relationship listed below with:

1. An individual who is debarred, suspended, or otherwise excluded from participating in procurement activities under the Federal Acquisition Regulation or from participating in nonprocurement activities under regulations issued under Executive Order No. 12549 or under guidelines implementing Executive Order No. 12549, or

2. An individual who is an affiliate, as defined in the Federal Acquisition Regulation, of a person described above.

The prohibited relationships are:

1. A director, officer, or partner of the MCO, PCCM, PIHP, or PAHP;
2. A person with beneficial ownership of five percent or more of the MCO’s, PCCM’s, PIHP’s, or PAHP’s equity;
3. A person with an employment, consulting or other arrangement with the MCO, PCCM, PIHP, or PAHP for the provision of items and services that are significant and material to the MCO’s, PCCM’s, PIHP’s, or PAHP’s obligations under its contract with the State.

☑ The State assures that it complies with section 1902(p)(2) and 42 CFR 431.55, which require section 1915(b) waiver programs to exclude entities that:

☑ be excluded under section 1128(b)(8) of the Act as being controlled by a sanctioned individual;

☑ have a substantial contractual relationship (direct or indirect) with an individual convicted of certain crimes described in section 1128(b)(8)(B) of the Act;

☑ employ or contracts directly or indirectly with an individual or entity that is

☑ excluded from furnishing health care, utilization review, medical social services, or administrative services pursuant to section 1128 or 1128A of the Act, or

☑ be excluded under 1128(b)(8) as being controlled by a sanctioned individual.

Section A: Program Description
Part IV: Program Operations
F. Program Integrity (2 of 3)

2. Assurances For MCO or PIHP programs

- The State assures CMS that it complies with section 1932(d)(1) of the Act and 42 CFR 438.608 Program Integrity Requirements, in so far as these regulations are applicable.
- State payments to an MCO or PIHP are based on data submitted by the MCO or PIHP. If so, the State assures CMS that it is in compliance with 42 CFR 438.604 Data that must be Certified, and 42 CFR 438.606 Source, Content, Timing of Certification.
- The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of the regulatory requirements listed for PIHP or PAHP programs.

Please identify each regulatory requirement for which a waiver is requested, the managed care program(s) to which the waiver will apply, and what the State proposes as an alternative requirement, if any:

- The CMS Regional Office has reviewed and approved the MCO or PIHP contracts for compliance with the provisions of section 1932(d)(1) of the Act and 42 CFR 438.604 Data that must be Certified; 438.606 Source, Content, Timing of Certification; and 438.608 Program Integrity Requirements. If this is an initial waiver, the State assures that contracts that comply with these provisions will be submitted to the CMS Regional Office for approval prior to enrollment of beneficiaries in the MCO, PIHP, PAHP, or PCCM.

Section A: Program Description

Part IV: Program Operations
F. Program Integrity (3 of 3)

Additional Information. Please enter any additional information not included in previous pages:

The health plans will be contractually bound by the program integrity regulations as outlined above. In addition, the health plans are required to have a designated compliance officer, compliance committee, provide program integrity training to all health plan staff and subcontractors, conduct monthly checks against the Federal List of Excluded Individuals and Entities, submit to the Department annually at the time of contract signing a Disclosure of Ownership and Control Interest Statement form (CMS 1513), and report any incidents of potential or actual fraud and abuse to the Department within 48 hours of initiation of any investigative action by the health plan or other entities. Any changes to key staff positions within the plan’s organization, or any organization change or decision affecting the health plan’s Medicaid managed care business in Virginia or other states must be reported to the Department within the contract-specified timeframes.

The health plans are required to have a comprehensive written integrity plan specific to its Virginia CCC+ Medicaid Program that leads to the detection, correction, and prevention of fraud, waste, and abuse. These plans must detail how suspected fraud and abuse by the members, network providers, the health plan, and subcontractors will be identified and reported, and must set goals and objectives and describe the processes involved (including data mining, software, and audit finding) to include a method to verify whether services reimbursed were actually furnished to the member. A report of any fraud and abuse findings is due to the Department quarterly, as well as an annual summary of all program integrity activities and results.

The health plans are also required to establish written policies for employees and any Contractor or agent of the Contractor that provide detailed information about the False Claims Act established under sections 3729 through 3733 of Title 31. Their employee handbooks shall also provide a specific discussion of the Virginia Fraud Against Taxpayers Act, the rights of employees to be protected as whistleblowers, and the health plan's policies and procedures for detecting and preventing fraud, waste, and abuse in accordance with Virginia Fraud Against Taxpayers Act (§§ 8.01-216.1 through 8.01-216.19).

To ensure that program integrity regulations are met, DMAS and the health plans will establish a Program Integrity Collaborative which will meet quarterly and include Department staff from the Program Integrity and Integrated Care & Behavioral Health Divisions, as well as appointed representatives from each health plan. The goal of the collaborative is to provide an opportunity for open communication to share ideas and methods related to compliance monitoring and fraud and
abuse issues. The plans will also be required to complete an annual Program Integrity Compliance Audit (PICA) audit. This is a (desk) review of each of the health plan’s policies and procedures for identifying fraud, waste, and abuse by members or providers, and encouraged standardization of reporting techniques for increased efficiency and accuracy. Participation in the Program Integrity Collaborative confirms the significance of these program integrity measures and reinforces their importance in health plan contracting and program monitoring.

If providers or recipients notify the health plan of suspected abuse or fraud, these persons are referred by the health plan to the Department. The Department in turn shares with the health plans, quarterly, fraudulent provider activity and any updates of cases identified by the Medicaid Fraud Control Unit (MFCU) as under review to DMAS but also may require health plan monitoring.

The enrollment broker also reports incidents of potential or actual fraud and abuse to DMAS within one (1) business day. All fraudulent activities or other program abuses shall be subject to the laws and regulations of the Commonwealth of Virginia and/or Federal laws and regulations.

Section B: Monitoring Plan

Part I: Summary Chart of Monitoring Activities

Summary of Monitoring Activities (1 of 3)

The charts in this section summarize the activities used to monitor major areas of the waiver program. The purpose is to provide a “big picture” of the monitoring activities, and that the State has at least one activity in place to monitor each of the areas of the waiver that must be monitored.

Please note:

- MCO, PIHP, and PAHP programs:
  - There must be at least one checkmark in each column.
- PCCM and FFS selective contracting programs:
  - There must be at least one checkmark in each column under “Evaluation of Program Impact.”
  - There must be at least one check mark in one of the three columns under “Evaluation of Access.”
  - There must be at least one check mark in one of the three columns under “Evaluation of Quality.”

Summary of Monitoring Activities: Evaluation of Program Impact

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<thead>
<tr>
<th>Monitoring Activity</th>
<th>Evaluation of Program Impact</th>
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<td>Choice</td>
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<td>Data Analysis (non-claims)</td>
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<td>Monitoring Activity</td>
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<td>Independent Assessment</td>
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<td>Measure any Disparities by Racial or Ethnic Groups</td>
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Section B: Monitoring Plan

Part I: Summary Chart of Monitoring Activities

Summary of Monitoring Activities (2 of 3)

The charts in this section summarize the activities used to monitor major areas of the waiver program. The purpose is to provide a “big picture” of the monitoring activities, and that the State has at least one activity in place to monitor each of the areas of the waiver that must be monitored.

Please note:
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  - There must be at least one check mark in one of the three columns under “Evaluation of Access.”
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### Summary of Monitoring Activities: Evaluation of Access

<table>
<thead>
<tr>
<th>Monitoring Activity</th>
<th>Timely Access</th>
<th>PCP / Specialist Capacity</th>
<th>Coordination / Continuity</th>
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**Section B: Monitoring Plan**

**Part I: Summary Chart of Monitoring Activities**

Summary of Monitoring Activities (3 of 3)

The charts in this section summarize the activities used to monitor major areas of the waiver program. The purpose is to provide a “big picture” of the monitoring activities, and that the State has at least one activity in place to monitor each of the areas of the waiver that must be monitored.

Please note:

- **MCO, PIHP, and PAHP programs:**
  - There must be at least one checkmark in each column.
- **PCCM and FFS selective contracting programs:**
  - There must be at least one checkmark in each column under “Evaluation of Program Impact.”
  - There must be at least one check mark in one of the three columns under “Evaluation of Access.”
  - There must be at least one check mark in one of the three columns under “Evaluation of Quality.”

**Summary of Monitoring Activities: Evaluation of Quality**
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## Evaluation of Quality

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**Section B: Monitoring Plan**

**Part II: Details of Monitoring Activities**

**Details of Monitoring Activities by Authorized Programs**

For each program authorized by this waiver, please provide the details of its monitoring activities by editing each program listed below.

**Programs Authorized by this Waiver:**

<table>
<thead>
<tr>
<th>Program</th>
<th>Type of Program</th>
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<tbody>
<tr>
<td>CCC+</td>
<td>MCO</td>
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*Note: If no programs appear in this list, please define the programs authorized by this waiver on the_* 

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**Section B: Monitoring Plan**

**Part II: Details of Monitoring Activities**

**Program Instance: Commonwealth Coordinated Care Plus**

Please check each of the monitoring activities below used by the State. A number of common activities are listed below, but the State may identify any others it uses. If federal regulations require a given activity, this is indicated just after the name of the activity. If the State does not use a required activity, it must explain why.

For each activity, the state must provide the following information:

- Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor)
- Detailed description of activity
- Frequency of use
- How it yields information about the area(s) being monitored

a.  **Accreditation for Non-duplication** (i.e. if the contractor is accredited by an organization to meet certain access, structure/operation, and/or quality improvement standards, and the state determines that the organization’s standards are at least as stringent as the state-specific standards required in 42 CFR 438 Subpart D, the state deems the contractor to be in compliance with the state-specific standards)

**Activity Details:**

The Department has made a conscious decision to require its contracted health plans to attain and maintain NCQA accreditation status. By following NCQA guidelines, the Department ensures that the plans meet and/or exceed all NCQA health plan accreditation requirements and required reporting. Careful evaluation of quality and reporting requirements of NCQA allowed the Department to identify duplication of review efforts in
some areas and through "deeming," these areas are now solely reviewed through the NCQA process. A prime example of this is the credentialing/re-credentialing standards for providers.

In order to maintain NCQA accreditation, NCQA conducts on-site reviews for each health plan every 3 years. During these reviews areas that are targeted include recipient choice, provider selection and capacity, availability of providers including PCPs and specialists, behavioral health, grievances/appeals, information to beneficiaries, coverage and authorization of covered services, and overall quality of care. Health plans must also provide documentation to NCQA annually in order to maintain their status and adjust their rating, if warranted. Denial of NCQA accreditation status may be cause for the Department to impose remedies or sanctions, to include suspension, depending upon the reasons for denial by NCQA.

- NCQA
- JCAHO
- AAAHC
- Other

Please describe:

b. **Accreditation for Participation** (i.e. as prerequisite to be Medicaid plan)

**Activity Details:**
The Department has made a conscious decision to require its contracted health plans to attain and maintain NCQA accreditation status. By following NCQA guidelines, the Department ensures that the plans meet and/or exceed all health plan accreditation requirements and required reporting. Careful evaluation of quality and reporting requirements of NCQA allowed the Department to identify duplication of review efforts in some areas and through "deeming," these areas are now solely reviewed through the NCQA process. A prime example of this is the credentialing/re-credentialing standards for providers.

In order to maintain NCQA accreditation, NCQA conducts on-site reviews for each health plan every 3 years. During these reviews areas that are targeted include recipient choice, provider selection and capacity, availability of providers including PCPs and specialists, behavioral health, grievances/appeals, information to beneficiaries, coverage and authorization of covered services, and overall quality of care. Health plans must also provide documentation to NCQA annually in order to maintain their status and adjust their rating, if warranted. Denial of NCQA accreditation status may be cause for the Department to impose remedies or sanctions, to include suspension, depending upon the reasons for denial by NCQA.

- NCQA
- JCAHO
- AAAHC
- Other

Please describe:

c. **Consumer Self-Report data**

**Activity Details:**
One of the primary sources for consumer self-report data is use of the Consumer Assessment of Healthcare Providers and Systems (CAHPS) survey for both the adult and child populations. Each health plan will be required to conduct the CAHPS annually as a part of their NCQA requirements. The CAHPS survey is a useful tool to gauge customer satisfaction with their health plan and health providers. The survey poses direct questions to recipients regarding: provider selection and choice; timeliness and access to services;
access to providers and specialists (including 24/7 availability of PCPs); coverage and authorization of services; ease of communications with providers; information provided to recipients; satisfaction with customer services; compliance with enrollee rights; coordination of care issues; and satisfaction with overall care/quality of care. The administration of an annual CAHPS survey allows each health plan to assess customer satisfaction with the services it provides and with provider network and availability, and assists the plan in identifying its strengths and weaknesses in order to continually improve on the quality of care provided to Virginia’s managed care population.

In addition to CAHPS survey requirements, health plans will also be required to administer state specific member experience survey. This survey focus on areas not covered by CAHPS, including member experience with health plan care management, member quality of live, member experience with BH and LTSS services and supports.

Another means through which the Department monitors consumer self-report data is through contractually required appeals and grievance reports from each of the health plans and weekly complaint reports received from the Managed Care Helpline, some of which require intervention from Department staff. In addition to these formal required reports, the Department's Integrated Care and Behavioral Services (ICBS) division maintains an internal complaint database. This includes inquiries from providers, recipients, legislators and the general public. Items are entered into this database after being individually and personally addressed by division staff member. The database offers the Department the ability to run ad hoc reports which are useful in identifying patterns with issues in specific areas, with specific health plans, or with specific enrollees.

CCC+ Program health plans will be required to establish individual health plan Member Advisory Committee. These committees will be composed of CCC+ members and their representatives. Member experience and feedback will be gathered continuously as part of the Member Advisory Committee structure.

- CAHPS
  - Please identify which one(s):
    - CAHPS Health Plan Survey 5.0H Adult Version
    - CAHPS Health Plan Survey 5.0H Child Version, Children With Chronic Conditions
- State-developed survey
- Disenrollment survey
- Consumer/beneficiary focus group

d. Data Analysis (non-claims)

  Activity Details:
  Non-claim data analyses are conducted by the Department, contracted health plans, the EQRO, and the enrollment broker. Each entity provides reports used in overall program monitoring. Enrollment data will be tracked and trended through various dashboards. Performance data including performance measure reporting data and survey data will be entered in our performance data to be tracked and trended. PCP termination rate will be tracked and monitored by each health plan. Other key none-claim data we will track and analyze to support program planning and operation will include authorization data and provider network data.

  As part of NCQA requirements, the health plans will be required to perform all HEDIS measures that meet the minimum criteria for calculation. The health plan is to follow the most current version of Medicaid HEDIS technical specifications and discontinue measures as they are retired. NCQA also requires that each health plan HEDIS scores be audited by an external audit firm as approved by NCQA, before the scores can be submitted and accepted. Annual HEDIS measures, by health plan, can be found on the NCQA Quality Compass. health plans will also be required to track none HEDIS behavioral health measures and LTSS measures. Measure selection will be driven by the goals and objective of CCC + Program and align with Federal and state health care priorities. Ongoing performance measure trending will be conducted for CCC+. The Department will require corrective action plans for those measures below Department established benchmarks. A
Subsequent years will be designated as key performance indicators.
These indicators will be the main focus of quality improvement efforts. They will also inform us on CCC+ value based payment program measures selection.

The EQRO reports annually on their evaluations of the health plans' performance measures and performance improvement projects, and conducts a comprehensive operational systems review (OSR) on-site every three years as required by CMS. The Department will follow CMS requirements for managed care programs and utilize an EQRO and conduct an Operational Systems Review (OSR) every three years. These reviews will focus on, but not be limited to: provider licensure, insurance and other legal requirements; credentialing of providers; confidentiality and security; medical records content/retention; enrollee education/prevention programs; cultural competency; enrollment/enrollee disenrollment timeliness; grievances and appeals; network monitoring reports; coordination and continuation of care; quality assurance plan; health plan accreditation and audit; consumer and provider survey reports. In the years when there is not a scheduled OSR by the EQRO, DMAS may convene a team of internal subject matter experts to perform a "modified" OSR of each health plan in the form of a desk review and onsite audit. These reviews focus on any elements identified in the most recent (EQRO) OSR as needing improvement, or any critical elements of the health plan contract which require more focused attention. The Department also reserves the right to conduct on-site visits as a part of readiness reviews for program start up, when a new health plan is coming into the market, or there is an expansion into a region. The health plans are required to conduct performance improvement projects (PIPs) in accordance with 42 C.F.R. § 438.240(a)(2) and in focus areas as directed by the Department. Because most of the CCC+ population will be elderly and/or dual eligible it is likely the PIPs will focus on aspects of quality of care for these cohorts. Performance measures are a key feature in measuring a health plan's quality of care. They are an important part of the OSR review and other evaluations conducted by the EQRO. To meet the CMS requirement of EQR validation of performance measures, the EQRO validates a select group of health plan performance measure scores on an annual basis. Focused studies will be conducted annually by the EQRO and used to research, in depth, certain aspects of clinical or non-clinical services. The Department will develop specific areas of study based on the CCC+ Program population. Because most of the CCC+ population will be elderly and/or dual eligible it is likely the EQRO review will focus on aspects of quality of care for these cohorts. The EQRO will follow the CMS-recommended protocols for focused studies.

Denials of referral requests

Disenrollment requests by enrollee

- From plan
- From PCP within plan

Grievances and appeals data

Other

Please describe:

The Department defines the following reporting time-frames for CCC+ Contractors: 1. Prior to signing the original contract, upon revision, or upon request; 2. Semi-Annually and Annually; 3. Quarterly; 4. Monthly; and 5. Miscellaneous. DMAS is still trying to finalize the CCC+ Reporting Technical Manual which will include all reporting requirements. Here is a sampling of the requirements are as follows:

Prior to Signing Original Contract/Upon Revision*/Upon Request/As Needed:
(*Contracts are revised and signed annually. Asterisk indicates also required annually.)
*NCQA Accreditation Information
* Disclosure of Ownership and Control Interest
*Quality Improvement Program (QIP)
*Utilization Management Plan
Member Information Packets
Enrollment/enrollee disenrollment/educational materials made available to CCC+ members
Health Education and Prevention Plans and related member materials
Formulary and pre-authorization requirements
Written Policies and Procedures to cover multiple areas (For example, PCP/provider access and referrals, member rights, medical record confidentiality, security and access, EPSDT secondary reviews, prevention, detection, and reporting of potential fraud, waste, and abuse (provider and recipient), etc.)

Annually:
Bureau of Insurance (BOI) Annual Financial Report and any changes
Marketing Plan
Submission of Handbooks and letter identifying any changes
Physician Incentive Plans
HEDIS Information
Quality Improvement Plan
Prior Year’s Outcomes (HEDIS, performance measures, quality studies, etc.)
MCO Organization Chart
Program Integrity Plan
Program Integrity Compliance Audit
Annual Audit Report (required by BOI)
CCC+ Core Performance Measures at annual reporting frequency

Quarterly:
BOI Quarterly Financial Report and any revisions
Provider Network File (also submitted to the enrollment broker monthly)
Providers Who Have Failed Credentialing/Recredentialing or have been denied application
Abuse, Corrective Action, Overpayment/Recovery Report
CCC+ Core Performance Measures at Quarterly reporting frequency

Monthly:
Provider and Member Grievances and Appeals Summary
Encounter Data Certification
Other Coverage Report
Comprehensive Health Coverage
Estate Recoveries
Monies recovered by Third Party
CCC+ Core Performance Measures at monthly reporting frequency

e. Enrollee Hotlines

Activity Details:
The Department will contract with an enrollment broker that will operate an enrollee hotline (aka the Helpline). This will be a key component in the monitoring process for both the State and the contracted health plans. The Managed Care Helpline will be the primary contact for all managed care participants on or after their assignment into managed care. This is likely the first point of contact for members during their health plan initial assignment phase. Enrollment broker staff will be able to answer questions about the program, and provide information to members about providers in each health plan’s network, enrollment/disenrollment processes, covered services, and exemption reasons. Issues which the helpline is not able to address, or which are beyond their scope, are referred to DMAS.

The enrollment broker will provide DMAS with a complaint report of issues identified during their contacts with members (for example, if a member is unable to obtain a needed service or medication, if they request a good cause change in health plan assignment outside of their open enrollment period, if they have not received an ID card from their health plan, etc.).

Enrollment broker staff will also develop and maintain the non-interactive website which will provide comprehensive and up-to-date information on Virginia's CCC+ program. Website activity, as well as call volume activity, and wait/hold times, will be
reported to the Department monthly. The enrollment broker will have an optional satisfaction survey associated with their call script. members who opt to participate through an interactive voice response system complete five questions related to responsiveness, timeliness, and overall satisfaction with the helpline’s services.

DMAS also operates two helplines for the fee-for-service population, one for recipients AND one for providers to answer questions, assist with billing issues, etc. This helpline may also receive calls from CCC+ Program participants.

The Department also maintains an email account (VAMLTSS@dmas.virginia.gov) solely for CCC+ Program questions, and will have designated staff at DMAS available to assist CCC+ Program enrollees and enrollees with program-related questions and issues.

The types of questions and issues presented to the helplines or received through other venues by Department staff allow for identification of patterns or problem areas which can then be targeted for improvements.

f. **Focused Studies** (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer defined questions. Focused studies differ from performance improvement projects in that they do not require demonstrable and sustained improvement in significant aspects of clinical care and non-clinical service)

*Activity Details:*
Focused studies will be conducted annually by the EQRO and used to research, in depth, certain aspects of clinical or non-clinical services. The Department will develop specific areas of study based on the CCC+ Program population. Because most of the CCC+ population will be elderly and/or dual eligible it is likely the EQRO review will focus on aspects of quality of care for these cohorts. The EQRO will follow the CMS-recommended protocols for focused studies and uses the HEDIS measures when appropriate.

g. **Geographic mapping**

*Activity Details:*
The Department has "geomapping" capability. This will be used to establish network adequacy (including long-term care provider networks) prior to implementation of the CCC+ program as well as intermittently if questions about network adequacy arise or when there are complaints or grievances regarding access to services or specialties in specific areas.

Each of the health plans will also have “geomapping” capability (or a comparable software) and may use this when there are complaints regarding provider access in a specific area or with a specialty. The health plans submit their networks monthly to the enrollment broker and quarterly and as requested to the Department.

h. **Independent Assessment** (Required for first two waiver periods)

*Activity Details:*
An independent assessment for the CCC+ Program will be conducted as required by CMS and the contract. This study will be in addition to the evaluations conducted by the EQRO and will cover various aspects of the program, with emphasis on access to care, quality of care, cost effectiveness, care coordination, and health and safety issues of the participants. Program evaluations will also monitor the §1915(c) waiver requirements and coordination efforts between the two waivers with the goal of optimal outcomes for the CCC+ Program population.

i. **Measure any Disparities by Racial or Ethnic Groups**

*Activity Details:*
Each health plan is required to meet anti-discrimination standards as defined by CMS. If DMAS receives complaints of disparities or discrimination through our various channels of communication DMS staff has the ability to audit the plan and require any action necessary to correct the issue.

j. **Network Adequacy Assurance by Plan** [Required for MCO/PHP/PAHP]
Activity Details:
Health plans will be required to establish and maintain provider networks that at least meet State Medicaid access standards for all Medicaid covered services. The State will monitor minimum LTSS and community behavioral health network requirements via an in-depth analysis of the submitted networks.

The contracted health plans will be required to provide DMAS with changes to their network on a quarterly and as-needed basis, and to the enrollment broker on a monthly basis. The health plans are contractually required to list in their provider directories languages spoken by the provider and if a provider is not accepting new clients. All the health plans also have websites which can be accessed by enrollees.

Comparison charts, which are updated annually at open enrollment, and as needed, are provided to enrollees with their pre-assignment letters to help them when making a choice of health plans. These charts identify the health plans in each locality, local hospitals with which each health plan contracts, and extra programs and services offered by each MCO.

Network analyses and complaint tracking are just two ways that access to care is monitored and ensured.

k. Ombudsman

Activity Details:
As part of its efforts to educate members about the CCC+ Program, and to ensure that their rights are protected, DMAS has continued its partnership with the Virginia Insurance Counseling Program (VICAP) and the State Long-Term Care (LTC) Ombudsman. Under this partnership, VICAP is responsible for providing dual eligible (Medicare and Medicaid beneficiaries (and their families)) with unbiased educational information about their options for participating in CCC+, while the LTC Ombudsman is responsible for protecting all beneficiaries rights, investigating complaints, empowering beneficiaries to resolve health care problems, and assisting with appeals and grievances for members receiving long term care services.

l. On-Site Review

Activity Details:
The Department will follow CMS requirements for managed care programs and utilize an EQRO and conduct an Operational Systems Review (OSR) every three years. These reviews will focus on, but not be limited to: provider licensure, insurance and other legal requirements; credentialing of providers; confidentiality and security; medical records content/retention; member education/prevention programs; cultural competency; enrollment/disenrollment timeliness; grievances and appeals; network monitoring reports; coordination and continuation of care; quality assurance plan; health plan accreditation and audit; consumer and provider survey reports.

In the years when there is not a scheduled OSR by the EQRO, DMAS may convene a team of internal subject matter experts to perform a “modified” OSR of each health plan. These reviews focus on any elements identified in the most recent (EQRO) OSR as needing improvement, or any critical elements of the health plan contract which require more focused attention.

The Department also reserves the right to conduct on-site visits as a part of readiness reviews for program start up, when a new health plan is coming into the market, or there is an expansion into a region.

The Department will conduct readiness review(s) which will include desk reviews and site visits. The purpose of the review is to provide the Department with assurances that the health plan is able and prepared to perform all administrative functions and to provide high-quality services to enrollees. No individual shall be enrolled into the health plan prior to the Department making a determination that the health plan is ready and able to perform its obligations under the contract as demonstrated during the readiness review. Readiness
reviews, including on-site reviews, are tentatively scheduled to be completed January through April of 2017.

m. **Performance Improvement Projects** [Required for MCO/PHIP]

   **Activity Details:**
   The health plans are required to conduct performance improvement projects (PIPs) in accordance with 42 C.F.R. § 438.240(a)(2) and in focus areas as directed by the Department. Because most of the CCC+ population will be elderly and/or dual eligible it is likely the PIPs will focus on aspects of quality of care for these cohorts.

   - [ ] Clinical
   - [ ] Non-clinical

n. **Performance Measures** [Required for MCO/PHIP]

   **Activity Details:**
   Performance measures are a key feature in measuring a health plan's quality of care. They are an important part of the OSR review and other evaluations conducted by the EQRO. To meet the CMS requirement of EQR validation of performance measures, the EQRO validates a select group of health plans HEDIS scores on an annual basis.

   As part of NCQA requirements, the HEALTH PLANs will be required to perform all HEDIS measures that meet the minimum criteria for calculation. The HEALTH PLAN is to follow the most current version of Medicaid HEDIS technical specifications and discontinue measures as they are retired. NCQA also requires that each HEALTH PLAN'S HEDIS scores be audited by an external audit firm as approved by NCQA, before the scores can be submitted and accepted. Annual HEDIS measures, by health plan, can be found on the NCQA Quality Compass.

   DMAS will select a subset of HEDIS measures for tracking and trending HEALTH PLAN performance and to set benchmarks for improving the health of the populations served through the managed care delivery system. The HEDIS measures that are a priority for continuous improvement are selected based on the needs of the populations served and the favorable health outcomes that result when the relevant clinical guidelines are adhered to by each HEALTH PLAN’S's provider network.

   The Department will require corrective action plans for those measures below the identified percentile (nationally). HEDIS score ratings and corrective action plans will be closely monitored by the Department's Quality Assurance staff.

   In addition to the HEDIS measures discussed above, DMAS will also require the health plans to track measures focusing on Long Term Services and Support, non-traditional behavioral health services, and care management and care coordination. These measures will come from the Core Performance Measures List. To meet the CMS requirement of EQR validation of performance measures, DMAS will select a group of measure each year for our EQRO to validate.

   The Department will also require the health plan to conduct quality improvement projects or corrective action plans for any measures below the DMAS identified performance measure benchmarks. These improvement projects and corrective action plans will be closely monitored by DMAS’ quality assurance staff. In addition, both performance measure reporting data quality and quality of care performance will be used as measure for CCC+ value-based payment program.

   - [ ] Process
   - [ ] Health status/ outcomes
   - [ ] Access/ availability of care
   - [ ] Use of services/ utilization
   - [ ] Health plan stability/ financial/ cost of care
   - [ ] Health plan/ provider characteristics
Beneficiary characteristics

o. Periodic Comparison of # of Providers

Activity Details:
The health plans will be required to continually monitor their networks to ensure adequate coverage of all provider types within required CMS and state guidelines. In accordance with 42 CFR § 438.236, the Contractor shall adopt practice guidelines that meet the following requirements:

- Are based on valid and reliable clinical evidence or a consensus of health care professionals in the particular field;
- Consider the needs of the members;
- Are adopted in consultation with contracting health care professionals; and,
- Are reviewed and updated periodically, as appropriate.

The HEALTH PLAN networks will be submitted to the enrollment broker monthly and to the Department quarterly or as requested, especially during start up, expansions or when plans are withdrawing from certain areas. HEALTH PLAN providers will be required to "register" with by the Department and will be encouraged, though not required, to enroll as Virginia Medicaid providers.

The Department has "geomapping" capability and is able to conduct provider analyses as needed, when there is a question or complaint about access. There were no noted access issues during the previous waiver period.

p. Profile Utilization by Provider Caseload (looking for outliers)

Activity Details:
The MCOs will be required by contract and through the most current NCQA standards to have a written utilization management (UM) program which includes procedures to evaluate medical necessity, criteria used, information source and the process used to review and approve or deny the provision of medical services. The UM program must ensure consistent application of review criteria, and must demonstrate that members have equitable access to care across the network and that UM decisions are made in a fair, consistent, impartial manner that serves the best interests of the members. The program must have mechanisms to detect under-utilization and /or over-utilization of care including, but not limited to provider profiles.

The health plans will be required to submit reports to Department staff on a quarterly basis regarding providers who have failed credentialing/re-credentialing. The MCO’s also submit to the Department a quarterly report of abuse, corrective action, overpayment/recovery. This data is shared with the Department's Program Integrity Division for potential provider monitoring activities.

q. Provider Self-Report Data

Activity Details:
Provider self-report data is conducted annually by the health plans as a part of their NCQA requirements.

- Survey of providers
- Focus groups

r. Test 24/7 PCP Availability

Activity Details:
As a part of the Contract requirements and as required by NCQA the health plans must maintain adequate provider network coverage to serve the entire eligible CCC+ population in geographically accessible locations within the region twenty-four (24) hours per day, seven (7) days/week (24/7). This coverage requirement is monitored through the CAHPS survey questions, as well as during the EQRo’s evaluations and on-site visits.

In addition to the 24/7 PCP availability requirement, the health plans will be contractually
required to provide a toll-free telephone line twenty-four (24) hours a day, seven (7) days a week, staffed by medical professionals to assist members. Recipients will be provided with information regarding access to and use of the nurse line and are encouraged to call the nurse line after hours for questions or concerns. Recipients who contact these nurse lines will be provided with treatment advice, or are advised to seek immediate attention through the Emergency Room. Use of the nurse lines not only provides peace of mind for the plan’s member population, but is seen as a mechanism to divert inappropriate emergency room utilization.

s. **Utilization Review (e.g. ER, non-authorized specialist requests)**

**Activity Details:**
Utilization review for CCC+ Program beneficiaries will be conducted by each health plan and is used to determine appropriate use of referrals, authorizations, etc. The plans will look at both over-and under-utilization as well as referral and authorization patterns. The contract will require health plans to operate a Pharmacy Utilization Management Program. The need for this was identified through rising costs and the ability to track abuse of certain recipients, or certain medications.

The health plans are permitted to operate a Physician Incentive Plan only if: No single physician is put at financial risk for the costs of treating an member that are outside the physician’s direct control; No specific payment is made directly or indirectly under the plan to a physician or physician group as an inducement to reduce or limit medically appropriate services furnished to a member; and The applicable stop/loss protection, member survey, and disclosure requirements of 42 C.F.R. Part 417 are met. Contractually, the plans will be prohibited from making any payments under a Physician Incentive Plan as an inducement to limit or reduce medically necessary services to a recipient.

DMAS staff will monitor appropriate utilization through complaints/complaint logs, grievances and appeals, and corresponding monthly or quarterly reports. DMAS will also conduct secret shopper, satisfaction surveys and on site reviews of the health plan records.

t. **Other**

**Activity Details:**
Building off of what was established with CCC, the Department, the health plans, EQRO, other state agencies, and stakeholders will conduct on-going monitoring activities to ensure compliance to managed care program requirements and the provision of quality of care for all CCC+ members. Monitoring mechanisms will include but not be limited to: frequent meetings or conference calls; evaluation of complaint and other required reports; Good Cause requests; Program Integrity audits; EQRO reviews; information provided to recipients through mailings or that is available on the DMAS/Managed Care websites; and information provided by the enrollment broker and DMAS helplines. This continual monitoring will be done to meet federal and state regulatory compliance, and to fulfill the DMAS managed care goal which is, “to provide a cost-effective managed care delivery system for eligible Medicaid members that exceeds the industry standards for timeliness, access and quality of care.”

The Department prides itself on the open communication with our health plan partners and their willingness towards collaboration (e.g. in areas of Program Integrity, Quality, or expansions). From experience within other programs we’ve found that the health plans as a group readily participate with the Department in formal and ad hoc workgroup meetings and in individual plan meetings. Many of our current health plan partners have also participated in the Virginia Health Reform Initiative (VHRI) Center committees, and are always open to discussions with the Department and other entities (e.g. the Health Department or Department of Behavioral Health and Development Services) regarding service needs of the population, ideas for new programs, and identified target areas for improvement. DMAS expects the health plans contracting for the CCC+ Program will do the same.

We continue to seek opportunities to improve access and quality of services through
mechanisms such as Behavioral Health Homes, Patient Centered Medical Homes and Value Based Purchasing. Our plans share the goal of accessible and quality health care services for residents of the Commonwealth and are always willing to entertain new ideas and approaches to collaboratively meet this goal.

The close monitoring efforts and hands-on attention to individual complaints allows the Department to identify potential problem areas, patterns or trends in the type of problems, and whether the problems stem from programmatic issues, which may be corrected or addressed through clarification memos or contract amendments.

Section C: Monitoring Results

Initial Waiver Request

Section 1915(b) of the Act and 42 CFR 431.55 require that the State must document and maintain data regarding the effect of the waiver on the accessibility and quality of services as well as the anticipated impact of the project on the State’s Medicaid program. In Section B of this waiver preprint, the State describes how it will assure these requirements are met. For an initial waiver request, the State provides assurance in this Section C that it will report on the results of its monitoring plan when it submits its waiver renewal request. For a renewal request, the State provides evidence that waiver requirements were met for the most recent waiver period. Please use Section D to provide evidence of cost-effectiveness.

CMS uses a multi-pronged effort to monitor waiver programs, including rate and contract review, site visits, reviews of External Quality Review reports on MCOs/PHIPs, and reviews of Independent Assessments. CMS will use the results of these activities and reports along with this Section to evaluate whether the Program Impact, Access, and Quality requirements of the waiver were met.

This is an Initial waiver request.

☑ The State assures that it will conduct the monitoring activities described in Section B, and will provide the results in Section C of its waiver renewal request.

Section D: Cost-Effectiveness

Medical Eligibility Groups

<table>
<thead>
<tr>
<th>Title</th>
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<tbody>
<tr>
<td>Nursing Home Eligible Institutional (NHE I) - Duals</td>
</tr>
<tr>
<td>Nursing Home Eligible Institutional (NHE I) - Non Duals</td>
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<tr>
<td>Consumer Directed Waivers (EDCD) - Duals</td>
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<td>Consumer Directed Waivers (EDCD) - Non Duals</td>
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<td>ID/DD Waivers - Duals</td>
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<td>ID/DD Waivers - Non Duals</td>
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<td>Technology Assisted Waiver</td>
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<tr>
<td>Community No LTSS (No Level of Care) - Duals</td>
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<tr>
<td>Community No LTSS (No Level of Care) - Non Duals</td>
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**Include actual data and dates used in conversion - no estimates
*Projections start on Quarter and include data for requested waiver period
Enrollment Projections for the Time Period*

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**Include actual data and dates used in conversion - no estimates
*Projections start on Quarter and include data for requested waiver period

Section D: Cost-Effectiveness

Services Included in the Waiver

Document the services included in the waiver cost-effectiveness analysis:

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<thead>
<tr>
<th>Service Name</th>
<th>State Plan Service</th>
<th>1915(b)(3) Service</th>
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<td>Abotions</td>
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<td>Case Management Services</td>
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<td>Community Mental Health</td>
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<tr>
<td>Community Mental Retardation</td>
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</tr>
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<td>Day Treatment for Pregnant Women</td>
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<tr>
<td>Dental Services (&lt;21 YO)*</td>
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<td>Durable Medical Equipment</td>
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<td>Private Duty Nursing (non EPSDT)</td>
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<td>Group Day Services</td>
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<td>Center-based Crisis Supports</td>
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<tr>
<td>Skilled Nursing</td>
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</tbody>
</table>
Section D: Cost-Effectiveness

Part I: State Completion Section

A. Assurances

a. [Required] Through the submission of this waiver, the State assures CMS:
   - The fiscal staff in the Medicaid agency has reviewed these calculations for accuracy and attests to their correctness.
   - The State assures CMS that the actual waiver costs will be less than or equal to or the State’s waiver cost projection.
   - Capitated rates will be set following the requirements of 42 CFR 438.6(c) and will be submitted to the CMS Regional Office for approval.
   - Capitated 1915(b)(3) services will be set in an actuarially sound manner based only on approved 1915(b)(3) services and their administration subject to CMS RO prior approval.
   - The State will monitor, on a regular basis, the cost-effectiveness of the waiver (for example, the State may compare the PMPM Actual Waiver Cost from the CMS 64 to the approved Waiver Cost Projections). If changes are needed, the State will submit a prospective amendment modifying the Waiver Cost Projections.
   - The State will submit quarterly actual member month enrollment statistics by MEG in conjunction with the State’s submitted CMS-64 forms.

   Signature:  
   Cindi Jones  
   State Medicaid Director or Designee

   Submission Date:  
   Feb 1, 2017

   Note: The Signature and Submission Date fields will be automatically completed when the State Medicaid Director submits the application.

b. Name of Medicaid Financial Officer making these assurances:
   Nick Merciez

c. Telephone Number:
   (804) 225-4269

d. E-mail:
   Nick.Merciez@dmas.virginia.gov

e. The State is choosing to report waiver expenditures based on
   - date of payment.
   - date of service within date of payment. The State understands the additional reporting requirements in the CMS-64 and has used the cost effectiveness spreadsheets designed specifically for reporting by date of service within day of payment. The State will submit an initial test upon the first renewal and then an initial and final test (for the preceding 4 years) upon the second renewal and thereafter.
Section D: Cost-Effectiveness

Part I: State Completion Section

B. Expedited or Comprehensive Test

This section is only applicable to Renewals

Section D: Cost-Effectiveness

Part I: State Completion Section

C. Capitated portion of the waiver only: Type of Capitated Contract

The response to this question should be the same as in A.I.b.

a. □ MCO
b. □ PIHP
c. □ PAHP
d. □ PCCM
e. □ Other

Please describe:

Section D: Cost-Effectiveness

Part I: State Completion Section

D. PCCM portion of the waiver only: Reimbursement of PCCM Providers

Under this waiver, providers are reimbursed on a fee-for-service basis. PCCMs are reimbursed for patient management in the following manner (please check and describe):

a. □ Management fees are expected to be paid under this waiver.
   The management fees were calculated as follows.
   1. □ Year 1: $________________________ per member per month fee.
   2. □ Year 2: $________________________ per member per month fee.
   3. □ Year 3: $________________________ per member per month fee.
   4. □ Year 4: $________________________ per member per month fee.

b. □ Enhanced fee for primary care services.
   Please explain which services will be affected by enhanced fees and how the amount of the enhancement was determined.

c. □ Bonus payments from savings generated under the program are paid to case managers who control beneficiary utilization. Under D.I.H.d., please describe the criteria the State will use for awarding the incentive payments, the method for calculating incentives/bonuses, and the monitoring the State will have in place to ensure that total payments to the providers do not exceed the Waiver Cost Projections (Appendix D5). Bonus payments and incentives for reducing utilization are limited to savings of State Plan service costs under the waiver. Please also describe how the State will ensure that utilization is not adversely affected due to incentives inherent in the bonus payments. The costs associated with any bonus arrangements must be accounted for in Appendix D3. Actual Waiver Cost.

d. □ Other reimbursement method/amount.
   $________________________
   Please explain the State's rationale for determining this method or amount.
Section D: Cost-Effectiveness

Part I: State Completion Section

E. Member Months

Please mark all that apply.

a. [ ] Population in the base year data
   1. [x] Base year data is from the same population as to be included in the waiver.
   2. [ ] Base year data is from a comparable population to the individuals to be included in the waiver.
      (Include a statement from an actuary or other explanation, which supports the conclusion that the populations are comparable.)

b. [ ] For an initial waiver, if the State estimates that not all eligible individuals will be enrolled in managed care
   (i.e., a percentage of individuals will not be enrolled because of changes in eligibility status and the length of
   the enrollment process) please note the adjustment here.

   

c. [x] [Required] Explain the reason for any increase or decrease in member months projections from the base year
   or over time:
   Enrollment in the first projection year reflects transitional enrollment by region. Enrollment thereafter is
   projected to increase or remain constant due to population aging and the addition of enrollment slots in the
   combined ID/DD waiver.

d. [x] [Required] Explain any other variance in eligible member months from BY to P2:
   Projected enrollment was modeled using time series analysis of historical member months by MEG in the
   base period adjusted to reflect regional implementation.

e. [x] [Required] List the year(s) being used by the State as a base year:
   2015
   If multiple years are being used, please explain:

   

f. [x] [Required] Specify whether the base year is a State fiscal year (SFY), Federal fiscal year (FFY), or other
   period:
   Calendar year 2015

g. [ ] [Required] Explain if any base year data is not derived directly from the State's MMIS fee-for-service claims
   data:

   

Appendix D1 – Member Months

Section D: Cost-Effectiveness

Part I: State Completion Section

F. Appendix D2.S - Services in Actual Waiver Cost

For Initial Waivers:

a. [ ] [Required] Explain the exclusion of any services from the cost-effectiveness analysis.
   For States with multiple waivers serving a single beneficiary, please document how all costs for waiver
   covered individuals taken into account.
### Appendix D2.S: Services in Waiver Cost

<table>
<thead>
<tr>
<th>State Plan Services</th>
<th>MCO Capitated Reimbursement</th>
<th>FFS Reimbursement impacted by MCO</th>
<th>PCCM FFS Reimbursement</th>
<th>PIHP Capitated Reimbursement</th>
<th>FFS Reimbursement impacted by PIHP</th>
<th>PAHP Capitated Reimbursement</th>
<th>FFS Reimbursement impacted by PAHP</th>
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<tbody>
<tr>
<td>Abortions</td>
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<td>Day Treatment for Pregnant Women</td>
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<td>Dental Services (&lt;21 YO)*</td>
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Section D: Cost-Effectiveness

Part I: State Completion Section

G. Appendix D2.A - Administration in Actual Waiver Cost

[Required] The State allocated administrative costs between the Fee-for-service and managed care program depending upon the program structure. Note: initial programs will enter only FFS costs in the BY. Renewal and Conversion waivers will enter all waiver and FFS administrative costs in the R1 and R2 or BY.

For Initial Waivers:

a. For an initial waiver, please document the amount of savings that will be accrued in the State Plan services. Savings under the waiver must be great enough to pay for the waiver administration costs in addition to those costs in FFS. Please state the aggregate budgeted amount projected to be spent on each additional service in the upcoming waiver period in the chart below. Appendix D5 should reflect any savings to be accrued as well as any additional administration expected. The savings should at least offset the administration.

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<td>Transportation</td>
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<tr>
<td><strong>Total:</strong></td>
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</tbody>
</table>

The allocation method for either initial or renewal waivers is explained below:

a. ✓ The State allocates the administrative costs to the managed care program based upon the number of waiver enrollees as a percentage of total Medicaid enrollees. *Note: this is appropriate for MCO/PCCM programs.*

b. □ The State allocates administrative costs based upon the program cost as a percentage of the total Medicaid budget. It would not be appropriate to allocate the administrative cost of a mental health program based upon the percentage of enrollees enrolled. *Note: this is appropriate for statewide PIHP/PAHP programs.*

c. □ Other

Please explain:

Appendix D2.A: Administration in Actual Waiver Cost
Part I: State Completion Section
H. Appendix D3 - Actual Waiver Cost

a. ☐ The State is requesting a Section A.I.A.1.c and will be providing non-state plan medical services. The State will be spending a portion of its waiver savings for additional services under the waiver.

b. ☐ The State is including voluntary populations in the waiver.

Describe below how the issue of selection bias has been addressed in the Actual Waiver Cost calculations:

---

c. ☑ Capitated portion of the waiver only -- Reinsurance or Stop/Loss Coverage: Please note how the State will be providing or requiring reinsurance or stop/loss coverage as required under the regulation. States may require MCOs/PHPs/PAHPs to purchase reinsurance. Similarly, States may provide stop-loss coverage to MCOs/PHPs/PAHPs when MCOs/PHPs/PAHPs exceed certain payment thresholds for individual enrollees. Stop loss provisions usually set limits on maximum days of coverage or number of services for which the MCO/PHP/PAHP will be responsible. If the State plans to provide stop/loss coverage, a description is required. The State must document the probability of incurring costs in excess of the stop/loss level and the frequency of such occurrence based on FFS experience. The expenses per capita (also known as the stoploss premium amount) should be deducted from the capitation year projected costs. In the initial application, the effect should be neutral. In the renewal report, the actual reinsurance cost and claims cost should be reported in Actual Waiver Cost.

Basis and Method:

1. ☐ The State does not provide stop/loss protection for MCOs/PHPs/PAHPs, but requires MCOs/PHPs/PAHPs to purchase reinsurance coverage privately. No adjustment was necessary.

2. ☑ The State provides stop/loss protection

Describe below how the issue of selection bias has been addressed in the Actual Waiver Cost calculations:

The State provides prescription drug reinsurance coverage. The coverage applies to members with prescription drug claims in excess of $175,000 in a calendar year. The State pays 90% of claims in excess of $175,000. The coverage is paid for by a reduction in the capitation that would otherwise be paid.

---

d. ☑ Incentive/bonus/enhanced Payments for both Capitated and fee-for-service Programs:

1. ☑ [For the capitated portion of the waiver] the total payments under a capitated contract include any incentives the State provides in addition to capitated payments under the waiver program. The costs associated with any bonus arrangements must be accounted for in the capitated costs (Column D of Appendix D3 Actual Waiver Cost). Regular State Plan service capitated adjustments would apply.

   Document
   i. Document the criteria for awarding the incentive payments.
   ii. Document the method for calculating incentives/bonuses, and
   iii. Document the monitoring the State will have in place to ensure that total payments to the MCOs/PHPs/PAHPs do not exceed the Waiver Cost Projection.

   There are no incentive arrangements applied to the rates in CY 2017

2. ☐ For the fee-for-service portion of the waiver, all fee-for-service must be accounted for in the fee-for-service incentive costs (Column G of Appendix D3 Actual Waiver Cost). For PCCM providers, the amount listed should match information provided in D.I.D Reimbursement of Providers. Any adjustments applied would need to meet the special criteria for fee-for-service incentives if the State elects to provide incentive payments in addition to management fees under the waiver program (See D.I.I.e and D.I.J.e)

   Document:
   i. Document the criteria for awarding the incentive payments.
   ii. Document the method for calculating incentives/bonuses, and
iii. Document the monitoring the State will have in place to ensure that total payments to the MCOs/PIHPs/PAHPs/PCCMs do not exceed the Waiver Cost Projection.

Appendix D3 – Actual Waiver Cost

Section D: Cost-Effectiveness

Part I: State Completion Section

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (1 of 8)

Initial Waiver Cost Projection & Adjustments (If this is a Conversion or Renaluation waiver for DOP, skip to J. Conversion or Renewal Waiver Cost Projection and Adjustments): States may need to make certain adjustments to the Base Year in order to accurately reflect the waiver program in P1 and P2. If the State has made an adjustment to its Base Year, the State should note the adjustment and its location in Appendix D4, and include information on the basis and method used in this section of the preprint. Where noted, certain adjustments should be mathematically accounted for in Appendix D5.

The following adjustments are appropriate for initial waivers. Any adjustments that are required are indicated as such.

a. State Plan Services Trend Adjustment – the State must trend the data forward to reflect cost and utilization increases. The BY data already includes the actual Medicaid cost changes to date for the population enrolled in the program. This adjustment reflects the expected cost and utilization increases in the managed care program from BY to the end of the waiver (P2). Trend adjustments may be service-specific. The adjustments may be expressed as percentage factors. Some states calculate utilization and cost increases separately, while other states calculate a single trend rate encompassing both utilization and cost increases. The State must document the method used and how utilization and cost increases are not duplicative if they are calculated separately. This adjustment must be mutually exclusive of programmatic/policy/pricing changes and CANNOT be taken twice. The State must document how it ensures there is no duplication with programmatic/policy/pricing changes.

1.  [Required, if the State’s BY is more than 3 months prior to the beginning of P1] The State is using actual State cost increases to trend past data to the current time period (i.e., trending from 1999 to present)

   The actual trend rate used is:

   2.80

Please document how that trend was calculated:

DMAS obtained the services from a Certified Actuary PricewaterhouseCoopers to establish trends using a least-squares regression methodology.

Historical data for CY 2014 to CY 2015, with run out through June 2016, are used to evaluate the base period trend. Trend was developed for each Medicaid Eligibility Groups (MEG) for CCC + NHE I Duals and Non Duals, Consumer Directed Waiver (EDCD) Duals and Non Duals, ID/DD Waiver Duals and Non Duals, Tech Waiver State wide, Community No LTSS (No Level Of Care) Duals and Non Duals and service categories. The MEG service categories are Inpatient, Outpatient/ER/Ancillary/Other, Professional, Pharmacy, Nursing Facility, HCBS/Home Health Services, Mental Health/Substance Abuse for Dual and Non Dual groups along with Medicare Xover for Duals. For larger CCC + groups, Dual and Non Dual NHE I, EDCD and Community No LTSS, trend and IBNR factors are developed separately for the service categories. For the Dual populations, the Medicare Xover trend is calculated separately and combines all services where Medicare is the primary payer. For small CCC + groups, both Dual and Non-Dual ID/DD and Tech Waivers, service categories are combined into an All Services trend. For Medallion 3.0 group moving to CCC +, the Non Dual EDCD and Non-Dual DD, acute care trend is developed into All Service acute care trend.

The service category trend relied upon analysis of historical DMAS FFS claims data and health plan encounter data for CY14 and CY15 with run out through June 2016.

Adjustments that are known to be effective July 1, 2017, are made to the historical base data to reflect the benefits and costs. The following Adjustments Hospital Inpatient, Outpatient, Nursing facility, Adult day care fee, Personal Care and Respite Care, DME fee, Hep C, Lab fee, ER
Triage, RBRVS rebasing, Home Health and Rehab, Non-ER transportation, Managed Care Savings, Pharmacy, reinsurance and ARTS are made to the portion of the base period prior to the implementation of each program change before determining the applied trend values. This was done to assure that program and policy adjustments were not duplicated in the trend adjustment. Annual trend rates are applied to move the historical data from the midpoint of the data period (January 1, 2015) to the midpoint of the contract period (September 30, 2017). Each service category has a Data Period and a Contract Period trend. Data Period trends are applied from the midpoint of the data period to the end of the data period, and were developed from the historical regression analyses and budget work. The Contract Period trends are applied from the end of the data period to the weighted midpoint of the contract period. The weighted mid-point, November 1, 2017, was derived by using the projected member months for the CY 2017 phased implementation.

2. [Required, to trend BY to P1 and P2 in the future] When cost increases are unknown and in the future, the State is using a predictive trend of either State historical cost increases or national or regional factors that are predictive of future costs (same requirement as capitated ratesetting regulations) (i.e., trending from present into the future)

i. State historical cost increases.

Please indicate the years on which the rates are based: base years

| CY2014-CY2015 |

In addition, please indicate the mathematical method used (multiple regression, linear regression, chi-square, least squares, exponential smoothing, etc.). Finally, please note and explain if the State’s cost increase calculation includes more factors than a price increase such as changes in technology, practice patterns, and/or units of service PMPM. Contract period projection period trend applied from R1 to P1 and P2 are developed based on an additional year of data, CY 2013 with run out through June 2016, to the base data CY2014 to CY2015. Overall, the methodology is similar to that used for the data period trend, except that an additional year of data is evaluated.

For all the CCC + MEGs (described above in I.a.1), trend is based on an evaluation of the historical trend of DMAS Fee for service paid claims data and health plan encounter data for the historical period CY13 and CY15 with run out through June 2016 and is calculated using a least squares regression methodology.

Annual trend rates are applied to move the historical data from the midpoint of the data period (January 1, 2015) to the midpoint of the contract period (September 30, 2017). Each service category has a Data Period and a Contract Period trend. Data Period trends are applied from the midpoint of the data period to the end of the data period, and were developed from the historical regression analyses and budget work described above. The Contract Period trends are applied from the end of the data period to the weighted midpoint of the contract period. The weighted mid-point, November 1, 2017, was derived by using the projected member months for the CY 2017 phased implementation.

For services with fee increases or decreases reflected in the adjustments, the contract period trend is in addition to the planned cost per unit change. Trend rates represent a combination of cost and utilization increases over time. The trend rates used reflect utilization and rate increases when additional legislative cost increases or decreases have been applied and represent PMPM increases otherwise. There is an exception for nursing facility where the trend reflects only the utilization changes over time.

Specifically, the trend models are adjusted for the fee increases or decreases that occurred during the historical base period that are presented as adjustments. A number greater than 1 reflects an increase to bring up the underlying data to the level of the most recent period while a number less than 1 represents a decrease. Adjustments to the historical data before the analysis of trend were applied to service line trends.

The projected trends are also evaluated for reasonableness compared to trends that have been established for other state Medicaid managed care programs. Contract trend factors estimated from the regression analysis are applied to the MEGS for the period P1 to P2. Capitation rates for CY17 are not final as of the date of this CE submission and trend rates remain under review.

ii. National or regional factors that are predictive of this waiver’s future costs.

Please indicate the services and indicators used.
Please indicate how this factor was determined to be predictive of this waiver’s future costs. Finally, please note and explain if the State’s cost increase calculation includes more factors than a price increase such as changes in technology, practice patterns, and/or units of service PMPM.

3. [ ] The State estimated the PMPM cost changes in units of service, technology and/or practice patterns that would occur in the waiver separate from cost increase. Utilization adjustments made were service-specific and expressed as percentage factors. The State has documented how utilization and cost increases were not duplicated. This adjustment reflects the changes in utilization between the BY and the beginning of the P1 and between years P1 and P2.
   i. Please indicate the years on which the utilization rate was based (if calculated separately only).

   ii. Please document how the utilization did not duplicate separate cost increase trends.

Section D: Cost-Effectiveness

Part I: State Completion Section

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (2 of 8)

b. State Plan Services Programmatic/Policy/Pricing Change Adjustment: This adjustment should account for any programmatic changes that are not cost neutral and that affect the Waiver Cost Projection. Adjustments to the BY data are typically for changes that occur after the BY (or after the collection of the BY data) and/or during P1 and P2 that affect the overall Medicaid program. For example, changes in rates, changes brought about by legal action, or changes brought about by legislation. For example, Federal mandates, changes in hospital payment from per diem rates to Diagnostic Related Group (DRG) rates or changes in the benefit coverage of the FFS program. This adjustment must be mutually exclusive of trend and CANNOT be taken twice. The State must document how it ensures there is no duplication with trend. If the State is changing one of the aspects noted above in the FFS State Plan then the State needs to estimate the impact of that adjustment. Note: FFP on rates cannot be claimed until CMS approves the SPA per the 1/2/01 SMD letter. Prior approval of capitation rates is contingent upon approval of the SPA.

Others:

- Additional State Plan Services (+)
- Reductions in State Plan Services (-)
- Legislative or Court Mandated Changes to the Program Structure or fee

1. [ ] The State has chosen not to make an adjustment because there were no programmatic or policy changes in the FFS program after the MMIS claims tape was created. In addition, the State anticipates no programmatic or policy changes during the waiver period.

2. [x] An adjustment was necessary. The adjustment(s) is(are) listed and described below:
   i. [ ] The State projects an externally driven State Medicaid managed care rate increases/decreases between the base and rate periods.

   Please list the changes.

For the list of changes above, please report the following:

A. [ ] The size of the adjustment was based upon a newly approved State Plan Amendment (SPA). PMPM size of adjustment
B. □ The size of the adjustment was based on pending SPA.
   Approximate PMPM size of adjustment

C. □ Determine adjustment based on currently approved SPA.
   PMPM size of adjustment

D. □ Determine adjustment for Medicare Part D dual eligibles.

E. □ Other:
   Please describe

   ii. □ The State has projected no externally driven managed care rate increases/decreases in the managed care rates.

   iii. □ Changes brought about by legal action:
       Please list the changes.

   For the list of changes above, please report the following:

   A. □ The size of the adjustment was based upon a newly approved State Plan Amendment (SPA).
      PMPM size of adjustment

   B. □ The size of the adjustment was based on pending SPA.
      Approximate PMPM size of adjustment

   C. □ Determine adjustment based on currently approved SPA.
      PMPM size of adjustment

   D. □ Other
      Please describe

       Please list the changes.
       Development of the CCC+ capitation rates used historical fee for service data for CY 2014 and CY 2015 with run out to June 2016. Many of the adjustments are based on state fiscal year changes applied to the relevant portion of the calendar year CY15 base data. The adjustments included below are made to the historical base data to reflect the benefits and costs that will apply in CY 2017 (P1).

   For the list of changes above, please report the following:

   A. □ The size of the adjustment was based upon a newly approved State Plan Amendment (SPA).
      PMPM size of adjustment

   B. □ The size of the adjustment was based on pending SPA.
      Approximate PMPM size of adjustment
C. Determine adjustment based on currently approved SPA

PMPM size of adjustment

D. Checkmark Other

Please describe
Prescription drug rebate and copay
Hospital inpatient, Outpatient adjustment
Nursing facility and Adult day care fee adjustment
Personal Care and Respite Care adjustment
DME fee, Hepatitis C, Lab fee, ER Triage and RBRVS rebasing adjustment
Home Health and Rehab adjustment
Non-ER transportation and Rx reinsurance adjustment
Addiction Rehabilitation and Treatment Services (ARTS) Adjustment

v. Checkmark Other

Please describe:

A. Checkmark

The size of the adjustment was based upon a newly approved State Plan Amendment (SPA).

PMPM size of adjustment

B. Checkmark

The size of the adjustment was based on pending SPA.

Approximate PMPM size of adjustment

C. Checkmark

Determine adjustment based on currently approved SPA.

PMPM size of adjustment

D. Checkmark Other

Please describe

Section D: Cost-Effectiveness

Part I: State Completion Section

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (3 of 8)

c. Administrative Cost Adjustment*: The administrative expense factor in the initial waiver is based on the administrative costs for the eligible population participating in the waiver for fee-for-service. Examples of these costs include per claim claims processing costs, per record PRO review costs, and Surveillance and Utilization Review System (SURS) costs. Note: one-time administration costs should not be built into the cost-effectiveness test on a long-term basis. States should use all relevant Medicaid administration claiming rules for administration costs they attribute to the managed care program. If the State is changing the administration in the fee-for-service program then the State needs to estimate the impact of that adjustment.

1. Checkmark

No adjustment was necessary and no change is anticipated.

2. Checkmark

An administrative adjustment was made.

   i. Checkmark

FFS administrative functions will change in the period between the beginning of P1 and the end of P2.

   Please describe

https://wms-mmdl.cdsydc.com/WMS/faces/protected/cms1915b/v0/print/PrintSelector.jsp
A. □ Determine administration adjustment based upon an approved contract or cost allocation plan amendment (CAP).

B. □ Determine administration adjustment based on pending contract or cost allocation plan amendment (CAP).
   Please describe

C. □ Other
   Please describe

ii. □ FFS cost increases were accounted for.
A. □ Determine administration adjustment based upon an approved contract or cost allocation plan amendment (CAP).
B. □ Determine administration adjustment based on pending contract or cost allocation plan amendment (CAP).
C. □ Other
   Please describe

iii. ✔ [Required, when State Plan services were purchased through a sole source procurement with a governmental entity. No other State administrative adjustment is allowed.] If cost increase trends are unknown and in the future, the State must use the lower of: Actual State administration costs trended forward at the State historical administration trend rate or Actual State administration costs trended forward at the State Plan services trend rate. Please document both trend rates and indicate which trend rate was used.
   For CCC +,In P1 (7/1/2017-6/30/2018) administrative expenses projection is 8%
   in P2 (7/1/2018-6/30/2019) administrative expenses projection is 5%
   in P3 (7/1/2019-6/30/2020) administrative expenses projection is 4%
   in P4 (7/1/2020-6/30/2021) administrative expenses projection is 4%
   in P5 (7/1/2021-6/30/2022) administrative expenses projection is 4%

A. Actual State Administration costs trended forward at the State historical administration trend rate.

   Please indicate the years on which the rates are based: base years

   In addition, please indicate the mathematical method used (multiple regression, linear regression, chi-square, least squares, exponential smoothing, etc.). Finally, please note and explain if the State’s cost increase calculation includes more factors than a price increase.

B. Actual State Administration costs trended forward at the State Plan Service Trend rate.
   Please indicate the State Plan Service trend rate from Section D.I.I.a. above

* For Combination Capitated and PCCM Waivers: If the capitated rates are adjusted by the amount of administration payments, then the PCCM Actual Waiver Cost must be calculated less the administration amount. For additional information, please see Special Note at end of this section.

Section D: Cost-Effectiveness

Part I: State Completion Section
I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (4 of 8)

d. **1915(b)(3) Adjustment:** The State must document the amount of State Plan Savings that will be used to provide additional 1915(b)(3) services in Section D.I.H.a above. The Base Year already includes the actual trend for the State Plan services in the program. This adjustment reflects the expected trend in the 1915(b)(3) services between the Base Year and P1 of the waiver and the trend between the beginning of the program (P1) and the end of the program (P2). Trend adjustments may be service-specific and expressed as percentage factors.

1. [ ] [Required, if the State’s BY is more than 3 months prior to the beginning of P1 to trend BY to P1] The State is using the actual State historical trend to project past data to the current time period (i.e., trending from 1999 to present).
   The actual documented trend is:
   Please provide documentation.

2. [ ] [Required, when the State’s BY is trended to P2. No other 1915(b)(3) adjustment is allowed] If trends are unknown and in the future (i.e., trending from present into the future), the State must use the State’s trend for State Plan Services.

i. **State Plan Service trend**

   A. Please indicate the State Plan Service trend rate from Section D.I.I.a. above

   e. **Incentives (not in capitated payment) Trend Adjustment:** If the State marked Section D.I.H.d, then this adjustment reports trend for that factor. Trend is limited to the rate for State Plan services.

   1. List the State Plan trend rate by MEG from Section D.I.I.a

   2. List the Incentive trend rate by MEG if different from Section D.I.I.a

   3. Explain any differences:

   f. **Graduate Medical Education (GME) Adjustment:** 42 CFR 438.6(c)(5) specifies that States can include or exclude GME payments for managed care participant utilization in the capitation rates. However, GME payments on behalf of managed care waiver participants must be included in cost-effectiveness calculations.

   1. [ ] We assure CMS that GME payments are included from base year data.

   2. [ ] We assure CMS that GME payments are included from the base year data using an adjustment.
      Please describe adjustment.

   3. [ ] Other
      Please describe
      Graduate Medical Education are paid outside of the claims processing system and are not included in the base period FFS claims.

      If GME rates or the GME payment method has changed since the Base Year data was completed, the Base Year data should be adjusted to reflect this change and the State needs to estimate the impact of that adjustment and account for it in Appendix D5.
1. □ GME adjustment was made.
   i. □ GME rates or payment method changed in the period between the end of the BY and the beginning of P1.
      Please describe
   
   ii. □ GME rates or payment method is projected to change in the period between the beginning of P1 and the end of P2.
      Please describe

2. □ No adjustment was necessary and no change is anticipated.

Method:

1. □ Determine GME adjustment based upon a newly approved State Plan Amendment (SPA).
2. □ Determine GME adjustment based on a pending SPA.
3. □ Determine GME adjustment based on currently approved GME SPA.
4. □ Other
   Please describe

Section D: Cost-Effectiveness

Part I: State Completion Section

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (5 of 8)

   g. Payments / Recoupments not Processed through MMIS Adjustment: Any payments or recoupments for covered Medicaid State Plan services included in the waiver but processed outside of the MMIS system should be included in the Waiver Cost Projection. Any adjustments that would appear on the CMS-64.9 Waiver form should be reported and adjusted here. Any adjustments that would appear on the CMS summary form (line 9) would not be put into the waiver cost-effectiveness (e.g., TPL, probate, fraud and abuse). Any payments or recoupments made should be accounted for in Appendix D5.

   1. □ Payments outside of the MMIS were made.
      Those payments include (please describe):

   2. ✔ Recoupments outside of the MMIS were made.
      Those recoupments include (please describe):
      Pharmacy Rebates

   3. □ The State had no recoupments/payments outside of the MMIS.

   h. Copayments Adjustment: This adjustment accounts for any copayments that are collected under the FFS program but will not be collected in the waiver program. States must ensure that these copayments are included in the Waiver Cost Projection if not to be collected in the capitated program.

      Basis and Method:

      1. ✔ Claims data used for Waiver Cost Projection development already included copayments and no adjustment was necessary.

      2. □ State added estimated amounts of copayments for these services in FFS that were not in the capitated program. Please account for this adjustment in Appendix D5.
3. □ The State has not to made an adjustment because the same copayments are collected in managed care and FFS.

4. □ Other
   Please describe

If the State’s FFS copayment structure has changed in the period between the end of the BY and the beginning of P1, the State needs to estimate the impact of this change adjustment.

1. □ No adjustment was necessary and no change is anticipated.
2. □ The copayment structure changed in the period between the end of the BY and the beginning of P1.
   Please account for this adjustment in Appendix D5.

**Method:**

1. □ Determine copayment adjustment based upon a newly approved State Plan Amendment (SPA).
2. □ Determine copayment adjustment based on pending SPA.
3. □ Determine copayment adjustment based on currently approved copayment SPA.
4. □ Other
   Please describe

**Section D: Cost-Effectiveness**

**Part I: State Completion Section**

I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (6 of 8)

   **i. Third Party Liability (TPL) Adjustment:** This adjustment should be used only if the State is converting from fee-for-service to capitated managed care, and will delegate the collection and retention of TPL payments for post-pay recoveries to the MCO/PIHP/PAHP. If the MCO/PIHP/PAHP will collect and keep TPL, then the Base Year costs should be reduced by the amount to be collected.

   **Basis and method:**

   1. □ No adjustment was necessary
   2. □ Base Year costs were cut with post-pay recoveries already deducted from the database.
   3. □ State collects TPL on behalf of MCO/PIHP/PAHP enrollees
   4. □ The State made this adjustment:
      i. □ Post-pay recoveries were estimated and the base year costs were reduced by the amount of TPL to be collected by MCOs/PIHPs/PAHPs. Please account for this adjustment in Appendix D5.
      ii. □ Other
         Please describe
         TPL amount from the base years data claims has been deducted.

   **j. Pharmacy Rebate Factor Adjustment:** Rebates that States receive from drug manufacturers should be deducted from Base Year costs if pharmacy services are included in the fee-for-service or capitated base. If the base year costs are not reduced by the rebate factor, an inflated BY would result. Pharmacy rebates should also be deducted from FFS costs if pharmacy services are impacted by the waiver but not capitated.

   **Basis and Method:**
1. □ Determine the percentage of Medicaid pharmacy costs that the rebates represent and adjust the base year costs by this percentage. States may want to make separate adjustments for prescription versus over the counter drugs and for different rebate percentages by population. States may assume that the rebates for the targeted population occur in the same proportion as the rebates for the total Medicaid population which includes accounting for Part D dual eligibles. Please account for this adjustment in Appendix D5.
   Please describe

2. □ The State has not made this adjustment because pharmacy is not an included capitation service and the capitated contractor’s providers do not prescribe drugs that are paid for by the State in FFS or Part D for the dual eligibles.
3. ✓ Other
   Please describe
   A FFS rebate adjustment of 4% is used and MCO rebates equal to 1.9% of total pharmacy expenditures is used.

k. Disproportionate Share Hospital (DSH) Adjustment: Section 4721 of the BBA specifies that DSH payments must be made solely to hospitals and not to MCOs/PIHPS/PAHPs. Section 4721(c) permits an exemption to the direct DSH payment for a limited number of States. If this exemption applies to the State, please identify and describe under “Other” including the supporting documentation. Unless the exemption in Section 4721(c) applies or the State has a FFS-only waiver (e.g., selective contracting waiver for hospital services where DSH is specifically included), DSH payments are not to be included in cost-effectiveness calculations.

   1. ✓ We assure CMS that DSH payments are excluded from base year data.
   2. □ We assure CMS that DSH payments are excluded from the base year data using an adjustment.
   3. □ Other
      Please describe

l. Population Biased Selection Adjustment (Required for programs with Voluntary Enrollment): Cost-effectiveness calculations for waiver programs with voluntary populations must include an analysis of the population that can be expected to enroll in the waiver. If the State finds that the population most likely to enroll in the waiver differs significantly from the population that will voluntarily remain in FFS, the Base Year costs must be adjusted to reflect this.

   1. □ This adjustment is not necessary as there are no voluntary populations in the waiver program.
   2. □ This adjustment was made:
      i. □ Potential Selection bias was measured.
         Please describe
      ii. □ The base year costs were adjusted.
         Please describe

m. FQHC and RHC Cost-Settlement Adjustment: Base Year costs should not include cost-settlement or supplemental payments made to FQHCs/RHCs. The Base Year costs should reflect fee-for-service payments for services provided at these sites, which will be built into the capitated rates.

   1. ✓ We assure CMS that FQHC/RHC cost-settlement and supplemental payments are excluded from the Base Year costs.
      Payments for services provided at FQHCs/RHCs are reflected in the following manner:
Section D: Cost-Effectiveness

Part I: State Completion Section
I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (7 of 8)

Special Note Section:

Waiver Cost Projection Reporting: Special note for new capitated programs:

The State is implementing the first year of a new capitated program (converting from fee-for-service reimbursement). The first year that the State implements a capitated program, the State will be making capitated payments for future services while it is reimbursing FFS claims from retrospective periods. This will cause State expenditures in the initial period to be much higher than usual. In order to adjust for this double payment, the State should not use the first quarter of costs (immediately following implementation) from the CMS-64 to calculate future Waiver Cost Projections, unless the State can distinguish and exclude dates of services prior to the implementation of the capitated program.

a. The State has excluded the first quarter of costs of the CMS-64 from the cost-effectiveness calculations and is basing the cost-effectiveness projections on the remaining quarters of data.

b. The State has included the first quarter of costs in the CMS-64 and excluded claims for dates of services prior to the implementation of the capitated program.

Special Note for initial combined waivers (Capitated and PCCM) only:

Adjustments Unique to the Combined Capitated and PCCM Cost-effectiveness Calculations -- Some adjustments to the Waiver Cost Projection are applicable only to the capitated program. When these adjustments are taken, there will need to be an offsetting adjustment to the PCCM Base year Costs in order to make the PCCM costs comparable to the Waiver Cost Projection. In other words, because we are creating a single combined Waiver Cost Projection applicable to the PCCM and capitated waiver portions of the waiver, offsetting adjustments (positive and/or negative) need to be made to the PCCM Actual Waiver Cost for certain capitated-only adjustments. When an offsetting adjustment is made, please note and include an explanation and your calculations. The most common offsetting adjustment is noted in the chart below and indicated with an asterisk (*) in the preprint.

<table>
<thead>
<tr>
<th>Adjustment</th>
<th>Capitated Program</th>
<th>PCCM Program</th>
</tr>
</thead>
</table>

Section D: Cost-Effectiveness

Part I: State Completion Section
I. Appendix D4 - Adjustments in the Projection OR Conversion Waiver for DOS within DOP (8 of 8)

n. Incomplete Data Adjustment (DOS within DOP only) – The State must adjust base period data to account for incomplete data. When fee-for-service data is summarized by date of service (DOS), data for a particular period of time is usually incomplete until a year or more after the end of the period. In order to use recent DOS data, the State must calculate an estimate of the services ultimate value after all claims have been reported. Such
incomplete data adjustments are referred to in different ways, including “lag factors,” “incurred but not reported (IBNR) factors,” or incurring factors. If date of payment (DOP) data is used, completion factors are not needed, but projections are complicated by the fact that payments are related to services performed in various former periods.

*Documentation of assumptions and estimates is required for this adjustment.*

1. □ Using the special DOS spreadsheets, the State is estimating DOS within DOP. Incomplete data adjustments are reflected in the following manner on Appendix D5 for services to be complete and on Appendix D7 to create a 12-month DOS within DOP projection:

2. □ The State is using Date of Payment only for cost-effectiveness – no adjustment is necessary.

3. □ Other

   Please describe

- **PCCM Case Management Fees (Initial PCCM waivers only)** – The State must add the case management fees that will be claimed by the State under new PCCM waivers. There should be sufficient savings under the waiver to offset these fees. The new PCCM case management fees will be accounted for with an adjustment on Appendix D5.

   1. □ This adjustment is not necessary as this is not an initial PCCM waiver in the waiver program.

   2. □ Other

      Please describe

- **Other adjustments:** Federal law, regulation, or policy change: If the federal government changes policy affecting Medicaid reimbursement, the State must adjust P1 and P2 to reflect all changes.

   - Once the State’s FFS institutional excess UPL is phased out, CMS will no longer match excess institutional UPL payments.

      - Excess payments addressed through transition periods should not be included in the 1915(b) cost effectiveness process. Any State with excess payments should exclude the excess amount and only include the supplemental amount under 100% of the institutional UPL in the cost effectiveness process.

      - For all other payments made under the UPL, including supplemental payments, the costs should be included in the cost effectiveness calculations. This would apply to PCCM enrollees and to PAHP, PIHP or MCO enrollees if the institutional services were provided as FFS wrap around. The recipient of the supplemental payment does not matter for the purposes of this analysis.

   1. □ No adjustment was made.

   2. □ This adjustment was made. This adjustment must be mathematically accounted for in Appendix D5.

      Please describe

**Section D: Cost-Effectiveness**

**Part I: State Completion Section**

**J. Appendix D4 - Conversion or Renewal Waiver Cost Projection and Adjustments. (1 of 5)**

This section is only applicable to Renewals
Section D: Cost-Effectiveness

Part I: State Completion Section

J. Appendix D4 - Conversion or Renewal Waiver Cost Projection and Adjustments. (2 of 5)

This section is only applicable to Renewals

Section D: Cost-Effectiveness

Part I: State Completion Section

J. Appendix D4 - Conversion or Renewal Waiver Cost Projection and Adjustments. (3 of 5)

This section is only applicable to Renewals

Section D: Cost-Effectiveness

Part I: State Completion Section

J. Appendix D4 - Conversion or Renewal Waiver Cost Projection and Adjustments. (4 of 5)

This section is only applicable to Renewals

Section D: Cost-Effectiveness

Part I: State Completion Section

J. Appendix D4 - Conversion or Renewal Waiver Cost Projection and Adjustments. (5 of 5)

This section is only applicable to Renewals

Section D: Cost-Effectiveness

Part I: State Completion Section

K. Appendix D5 – Waiver Cost Projection

The State should complete these appendices and include explanations of all adjustments in Section D.I.I and D.I.J above.

Historical data for CY 2014 to CY 2015, with run out through June 2016, are used to evaluate the base period trend and an additional year of data, CY 2013 with run out through June 2016, is added to the base and used to develop contract period projected trend.
1. Trend was developed for each Medicaid Eligibility Groups (MEG) for CCC + NHE I Dual and Non Dual, Consumer Directed Waiver Dual and Non Dual, ID/DD Waiver Dual and Non Dual, Technology Assisted Waiver State wide, Community No LTSS (No Level Of Care) Dual and Non Dual and the service categories.
2. Applied Program Adjustments and Drug Rebate Adjustments
3. Applied the administrative adjustment to the CCC+ MEG to the base periods and contracted projected periods.

Please see attached/emailed Excel spreadsheets.

Appendix D5 – Waiver Cost Projection

Section D: Cost-Effectiveness

Part I: State Completion Section

L. Appendix D6 – RO Targets

The State should complete these appendices and include explanations of all trends in enrollment in Section D.I.E. above.
Please see attached/emailed Excel spreadsheets.
CCC + program population enrollment is in phases by region.
The trend after the initial enrollment is based on the population growth and case mix between NHE -I, Consumer Directed Waivers (EDCD), Combined Waivers(ID/DD) , TechWaiver, Community No LTSS groups.

Appendix D6 – RO Targets

Section D: Cost-Effectiveness

Part I: State Completion Section

M. Appendix D7 - Summary

a. Please explain any variance in the overall percentage change in spending from BY/R1 to P2.

P2 Weighted Average PMPM Casemix for BY (BY MM) - 5.3%
P2 Weighted Average PMPM Casemix for P2 (P2 MM) - 5.5%

The variance is because of the enrollment population growth and case mix between different Medicaid eligibility groups - NHE -I, Consumer Directed Waivers (EDCD), Combined Waivers(ID/DD) , TechWaiver, Community No LTSS groups.

1. Please explain caseload changes contributing to the overall annualized rate of change in Appendix D7 Column I. This response should be consistent with or the same as the answer given by the State in Section D.I.E.c & d:

CCC + program population enrollment is in phases by region.
The case load changes is based on the population growth and case mix between NHE -I, Consumer Directed Waivers (EDCD), Combined Waivers(ID/DD) , TechWaiver, Community No LTSS groups.

2. Please explain unit cost changes contributing to the overall annualized rate of change in Appendix D7 Column I. This response should be consistent with or the same as the answer given by the State in the State’s explanation of cost increase given in Section D.I.I and D.I.I:

3. Please explain utilization changes contributing to the overall annualized rate of change in Appendix D7 Column I. This response should be consistent with or the same as the answer given by the State in the State’s explanation of utilization given in Section D.I.I and D.I.I:

b. Please note any other principal factors contributing to the overall annualized rate of change in Appendix D7 Column I.